

UPCOMING DATES:

February 2nd – NO SCHOOL - PD Day

February 7th – Global Play Day

February 13th - VALENTINES DAY

February 14th – Ash Wednesday Mass at 9am in Gym

February 15th – 100+1 day!

February 19th – 23rd – NO SCHOOL for students

February 28th – Pink Shirt Day

February 29th - Comfy Cozie Day (wear a onesie OR hoodie/oodie)









Mme Bouchard February Message

Dear ESM Families.

As the sun graces us with its warmth and daylight extends its reach, we find joy in witnessing the morning light before school. We have successfully navigated through the darkest days of winter, and February is now upon us—a month filled with bustling activity and delightful moments for our students.

As we embark on the Lenten journey, let us remember that this is a time of preparation—preparing our hearts and lives for the significance of Good Friday and Easter. In the spirit of this season, let's take a moment to incorporate prayer and reflection into our daily lives. May this be a time of 'Building' our faith and growing closer to God.

Reflecting on January, reminds me that the past month was brimming with exciting school events and activities. Our grade 6 Basketball program is in full swing, and we're cheering on our Bobcats with enthusiasm. The After School Family Skating event was a wonderful success, and we extend our gratitude to all those who joined us for the fun-filled occasions. We had the Student Retreat and it was a success. The students enjoyed themselves and we built our faith community. We also were lucky to have a 'Lacrosse Day' provided by Coach Devon from the Lethbridge Lacrosse Association.

As we turn our attention to February, a month teeming with significance, we invite our students to partake in various events. From Global Play Day to Valentine's Day, Ash Wednesday, 100th Day of School, and Pink Shirt Day—there's something for everyone.

Interestingly, Ash Wednesday, Valentine's, and the 100th Day coincide this year! To maintain the solemnity of Ash Wednesday, we'll be celebrating Valentine's Day district-wide on Tuesday, February 13th. Join us on Thursday, February 15th, as we celebrate 100+1 day. Wednesday, February 14th please join us for a special mass at 9:00 am at ESM. Your presence would be a cherished way to commence Lent together.

Registration is underway, with re-registration for returning families already in progress for the past few weeks. Starting February 1st, we open registration for new families. ESM is a unique and cherished place, extending a warm welcome to both returning and new families. Your cooperation in completing the registration forms online is crucial in aiding our planning for the upcoming year. Thank you.

Ecole St. Mary students continue to work hard and demonstrate growth. We look forward to a month filled with shared moments, love, and continued learning. Thank you for being an essential part of the ESM family.

Warm regards and God Bless,

Kiera Bouchard

February Message from Mr. Harper 2024

Greetings to the Ecole St. Mary community as we step into the month of February! We hope the beginning of this month has brought positivity and warmth to each of you.

In reflecting on January, we concluded the month with our student retreat on January 31st. This event served as a wonderful opportunity to deepen our faith and strengthen our school community. Throughout the retreat, we learned more about the teachings of the beatitudes and explored aspects of our Catholic Faith.

During our Gospel time in January, students learned more about praying, specifically Prayers of Petition, how Saint Martin de Porres can guide us in our prayer life, and we pondered the virtues of faith and hope. Additionally, time was dedicated to reflections on the upcoming Sunday Gospel, providing valuable insights into our faith.

As we embark on February, there are several events on the horizon. Shrove Tuesday, falling on February 13th this year, is an occasion where students will learn more about its significance, setting the stage for the Lenten season. On Ash Wednesday, February 14th, we will come together for Mass at 9:00 AM at ESM with Father Kevin, the 4/5SE class, and our school community marking the commencement of Lent. Please join us if you are able!

Another noteworthy initiative to be aware of is our fundraiser in support of the Holy Spirit School Division's Chalice project. This year, we aim to contribute to St. Odilia School for the Visually Impaired. Details about this fundraising effort will be shared after our reading week break.

Towards the end of February, our Grade 2 students will embark on a retreat to Assumption Parish. Beyond the educational aspect, these retreats have gained a reputation for delightful snacks and lunches, adding an extra layer of enjoyment. Thank you to Assumption Parish for hosting and the Catholic Women's League for making the food for all the students!

Lastly, our Lenten season will commence on February 29th with our first celebration led by our 2GE class and celebrations continuing weekly throughout Lent.

We wish the entire Ecole St. Mary community a February brimming with growth, reflection, and communal support. Blessings to all as we begin this season of spiritual journeying!

"Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me." - Psalm 51:10-12

Welcome New Staff:



Carey Martens

Hello my name is Carey Martens and I am excited to join École St. Mary's as one of the new Educational Assistants for the Jordan's Principal. I look forward to working with all of the students and supporting the FNMI. About me, I'm a mom of 2 adult kids and married for 23 years. I enjoy the outdoors, camping, and spending time with my husband, our golden retriever Finn, as well as our friends and family.



Rosa Lee Jodoin

Hello! My name is Rosa Lee (Rose) Jodoin and I'm the new Educational Assistant with the Jordan Principle Grant. I worked in childcare for 7 years then was a stay at home mom for 11. I became a casual EA where I got placed at FLVT for 6 months in various grades doing interventions then got on at St Mary's. I love children and making connections with them. They always have good ideas and stories and I love that they can even teach us new things. A little about myself I have been married for almost 19 years and am a mother of a 12-year-old boy and one big fur baby aka a dog. In my spare time I love painting, drawing, crocheting or handstiching little creations. I love the dynamic

at St Mary's and how everyone supports each other and am looking forward to working with all of you hopefully for a long time to come



Jessica Anderson

Hi, my name is Jessica Anderson. I am the new Educational assistant in the Early learning at Ecole St Mary. I am loving learning and growing with the kids. I was a stay at home mom for 14 years, my son is now in high school. It's great to be around kids who are just starting this journey of school and watching them soak up everything. When I'm not working, I enjoy time with family. I am very much a home body, enjoy movie nights with my son, playing board games with my niece and reading a good book. I am excited to be apart of Ecole St Mary school

HOUSE TEAMS

The students are assigned a house team (colour team) so be a part of for the year. This encourages the kids to interact with kids in other grades. Our leadership team comes up with special days and activities for students to earn points to go towards their house team. For the Month of December, the winning house team is: **The Black Bears!**

SAMARITAN STARS

As the students do good deeds and display exemplary actions/attitudes, their fellow classmates can nominate them and put their name in the "Samaritan Stars" jar. From here we draw names to win a cheque for \$25.00 which is graciously donated by Ward Bros. Construction. Thank you, Ward Bros., for your continued generosity to our school!

STUDENT DROP OFF/ PICK UP

Students can be dropped off no earlier than 7:45am. There will be no supervision before 7:45am if you choose to leave your child unattended at the school this is your parent responsibility.

For the month of December our winners were: Nathan 4NE and Charles 4CI

Parking lot is for <u>STAFF ONLY.</u> You may park on the east side of the street. The west side, by the field, is for school buses only. In the morning the sidewalk between the flag pole and the parking lot is a drop off zone. Hug and Go. Please do not park there for long periods of time.

WATER BOTTLES

We have water bottle fill stations and have not re-installed the drinking fountains for students. Please be sure to send water bottles with your child(ren) every day.

SICK KIDS

If your child(ren) is sick – KEEP THEM HOME. Help stop the spread of germs. Call or email the office to excuse their absence.

ATTENDANCE

Children thrive and succeed when they attend school regularly. We understand things come up, appointments made during school hours, emergencies, sickness etc. Please call the office to let us know if your child(ren) will not be at school on any given day. You can call 403-327-3098 or email esmoffice@holyspirit.ab.ca

SCHOOL BUS

Drivers will be checking for passes. Please download the MyBusStop app for the most up to date information and for route changes and updates. You can also visit the Southland website

https://www.southland.ca/lethbridge/



BREAKFAST AND LUNCH PROGRAM

We are blessed to have a Nutrition grant this year to provide breakfast for those who need it. We also welcome back Mindful Munchies from the Lethbridge food bank who provide us with lunches for our students who forget or would otherwise go without.

*We ask that as parents you have the conversations with your child about those who might not have enough food. Also that if they eat their whole lunch they are welcome to an extra afternoon snack.

PARENT VOLUNTEERS WELCOME!!

Parents and community members are welcome at the school. You are still required to check in at the office and sign in if you are coming into the school for any school event. We will keep the distractions in the class to a minimum. If you are dropping something off for your child the office staff will deliver it for you. We are happy to accept volunteers this year! You can call the office and let them know if you are available with and what you would like to help with. Volunteers are asked to fill out the volunteer form found on our website:

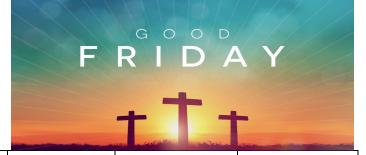
https://esm.holyspirit.ab.ca/

This form is good for the school year.

FEBRUARY 2024



March 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
				French Soiree	Basketball Jamboree Boys and Girls	
10	11 DIV PD DAY NO SCHOOL	12	13	14	15	16
17 St. Patrick's Day	18	19	20 Book Fair Evening Intel Celebration		22	23
24	25	26	27 Div. Board meeting	28 HOLY THURSDAY	29 GOOD FRIDAY NO SCHOOL	30

"Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people."

Matthew 4:23

St. Dulce Lopes Pontes 1914-1992 (Feast Day: August 13) Build!

When Maria de Souza Pontes was 13, her aunt took her on a trip to the poor area of her Pilgrims of hometown. She was struck by the poverty and need that she encountered, and began to start to care for the homeless in her own neighbourhood. At 18, she joined a missionary order and became known as Dulce. Immediately, she began to serve the neediest in Salvador, supporting workers and housing those in need. Initially, this was done in abandoned homes and buildings, but each time they were evicted. Finally, she asked the permission of the convent to convert their chicken coop - which over time became a hospital. That hospital today serves more than 3,000 patients per day and is the largest free hospital in Brazil.

In 1959, she created a foundation known as OSID, which oversees the hospital, as well as other welfare and education services, and is a well known and respected organization in Brazil. It serves the homeless, elderly, children, those with addictions and disabilities and other marginalized groups. Dulce was nominated for the Nobel Peace Prize in 1988, and lived the last years of her life with respiratory problems prior to her death in 1992. St. Dulce Lopes Pontes was canonized by Pope Francis in 2019, becoming the first Brazilian female saint.

"Building" In Our Schools

At St. Joseph School in Coaldale, their Leadership class is spearheading a fundraising campaign for our divisional Chalice campaign. As they raise funds, through ice cream float and hot chocolate sales, they are visually tracking their contributions by adding bricks to their school diagram - building a school of kindness. What a great way to show solidarity with St. Odilia!



Corporal Works of Mercy – Visit the Sick –

Hope

Those who are sick are often forgotten or avoided. In spite of their illness, these individuals still have much to offer to those who take the time to visit and comfort them. Consider one or more of these practical ways to show this work:

- Give blood.
- Take time on a Saturday to stop and visit with an elderly neighbour.
- Next time you make a meal that can be easily frozen, make a double batch and give it to a family in your parish who has a sick loved one.
- Spend quality time with those who are sick or homebound.
- Take the time to call, send a card or an e-mail to someone who is sick.

Pope's Prayer Intentions - For the Terminally III

Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment.



Catholic Social Teaching - Solidarity -

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

Last month, we looked at the preferential option for the poor and vulnerable. We saw how keenly interested God is in those at the margins. When we act in ways that align with this, recognizing our interdependence, seeing ourselves in others and seeking to secure the good of others, we are showing solidarity. As St. Pope John Paul II wrote,

"[Solidarity] is not a feeling of vague compassion or shallow distress at the misfortunes of so many people, both near and far. On the contrary, it is a firm and persevering determination to commit oneself to the common good; that is to say, to the good of all and of each individual, because we are all really responsible for all."

Learn more about Solidarity with one of these resources:

CST 101 - Solidarity

Development and Peace - Solidarity

USCCB - Solidarity



Gospel Readings

February 4, 2024 5th Sunday in Ordinary Time

Gospel Reading: Mark 1:29-39

"All this I do for the sake of the gospel, so that I too may have a share in it." — 1 Corinthians 9:23

Do WHAT for the sake of the gospel? In today's scripture verse, we are called to do EVERYTHING for the glory of God. The Gospel tells of Jesus' life and how he tried to please God with all he did and said, the way he loved, the way he treated others, the way he did everything! We too are called to do everything in our lives to live out the Gospel. The word "gospel" means "good news." We want to have a share of this Good News, just like St. Paul did. All we have to do is live the Gospel in our own lives. So listen carefully to the scripture readings at Mass. They will guide you to live for God!

What do you think it would it be like to have a share of the Good News?



Prayer:

Dear Lord, we want to experience your Good News today and be with you in heaven someday! Please help us to learn what we need to do to have a share in that gift.

February 11, 2024 6th Sunday in Ordinary Time

Gospel Reading: Mark 1:40-45

"...Whether you eat or drink, or whatever you do, do everything for the glory of God." — 1 Corinthians 10:31

How could what I eat or drink glorify God? St. Paul reminds us in this reading to remember God and give him glory for all the normal, everyday things we do in our lives. It's easy to forget and take things for granted, but everything is a gift from God. Paul also reminds us to be kind to others in everyday situations. We can make choices like holding the door for others, when all we want to do is get into the place we are going. We can choose to be last in line, allowing others to go before us and offering that as a prayer. These are all small ways we can give glory to God—and show God's love—in our daily lives.

What are some ways you can show glory to God in your life every day?



Praver:

Dear Lord, I don't always feel like I can do great things to show you my love. Please help me to find small ways every day in my own life to give you glory.

Download this month's <u>Saint Prayer Card</u> - St. Dulce Lopes Pontes



February 18, 2024 1st Sunday in Lent

Gospel Reading: Mark 1:12-15

"The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan." — Mark 1:12

Even Jesus was called for forty days to fast and pray. It was not easy for him. Satan was there whispering in his ear to try to get him to stop fasting and walk away from his prayer. He could have done that. He was God. But he chose the harder way. He chose to offer up his discomfort to glorify God and grow closer to him. We too are called to forty days of fasting and praying. We may even be tempted as Jesus was to walk away from the sacrifices. But just as the Spirit gave Jesus the strength to keep going, he will give us what we need to continue and grow closer to him.

What are some ways that you can fight off temptations? What are your favourite ways to pray?



Prayer:

Dear Lord, thank you for giving us the opportunity to join with you in this time of fasting and praying during Lent. Please give us the grace not to give in to temptation.

February 25, 2024 2nd Sunday in Lent

Gospel Reading: Mark 9:2-10

"Then God said: "Take your son Isaac, your only one, whom you love...there you shall offer him up as a holocaust..." — Genesis 22:2

Think of the one person you love the most in the world. Is it your mom, dad, a brother or sister? Maybe it's a best friend or a cousin. Can you imagine if you heard God ask you to give them up forever? That would be the hardest thing you'd ever have to do. Yet, in today's scripture, that is what God asks Abraham to do. Abraham is a great example of faith and trust in God. He didn't understand why God wanted him to give up his only son, whom he loved with all his heart. But he trusted in God. In the end, we learn that God didn't want him to give up his son, he just wanted to test Abraham's faith and trust. I think he passed the test, what about you?

Are there things in your life that God may want you to give up that would help you grow closer to him?



Prayer:

Lord, may we learn to have the same faith and trust in you that Abraham had, even when we don't understand your ways.

Sources:

Nobel nominee

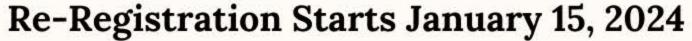
All about Blessed Dulce Lopes Pontes – the Good Angel of Brazil Irmã Dulce Dulce Lopes Pontes: From serving the sick to History, Prayer, and Phrases of Saint Dulce of the Poor Image Source: The Life of Isaac (Part Two: The Sacrifice)



Take the next step with...

Holy Spirit Catholic School Division

2024/2025 REGISTRATION



Families with students currently enrolled in our system should expect an email during the week of January 15-19, 2024 asking that the online "Registration Update Form" be completed for each child attending one of our schools in the 2024/2025 school year.

Parents/guardians who are hoping to register younger siblings new to the division will also have the opportunity to do this at the same time that they re-register older students.

New Student Registration Starts February 1, 2024

All Early Learning to Grade 12 students who are new to the division and wish to enroll for the 2024/2025 school year are invited to register online starting on Thursday, February 1, 2024.

- Through play, our Early Learning Program is designed to stimulate the growing curiosity of children 3 and 4 years of age.
- **Kindergarten** is designed for children 5 years of age on, or before, December 31, 2024.
- Grade 1 registrants must be 6 years of age on, or before, December 31, 2024.
- French Immersion is also available. Enrollment starts:
 - o in Kindergarten/Grade 1 at École St. Mary in Lethbridge.
 - o in Grade 1 at St. Michael's School in Pincher Creek.

For More Information

Contact our Early Learning Supervisor to discuss Early Learning or your child's specialized programming requirements by phone (403-381-8495) or email (earlylearning@holyspirit.ab.ca).

To inquire about Kindergarten, you can contact your local school.

Contact our French Language Consultant to discuss French Immersion programming by phone (403-331-4458) or email (urquhartw@holyspirit.ab.ca).

Contact your child's school, or visit the division's website (holyspirit.ab.ca), if you need assistance with the online registration process or have any questions.





Holy Spirit Catholic School Division

...where children are cherished and achieve their potential.



Stay Up-To-Date with Our Schools' Communication!

Holy Spirit Catholic School Division is reminding families to ensure you are set up to receive text (SMS) messages from our schools and division. This is one of multiple ways that we send out important messaging to both our families and staff. Please take some time to follow the steps below to ensure you're receiving our text (SMS) messaging.

In addition, for those who have not signed up or utilized our SchoolMessenger App, we've included step-by-step instructions on how to do so. SchoolMessenger helps our parents and families to access important notifications, receive school messages and set your communication preferences.

Text (SMS) Messaging

1) Did you receive a text from us?

When a new mobile number is entered by the school, within 24 hours, a text should be sent to that number asking if you would like to subscribe.

Simply respond with your preference:

- Type "Y" or "Yes" to receive messages by text.
- Type "N" or "Stop" if you'd prefer not to receive messages by text. You can do this to unsubscribe at any time.
- 2) You haven't received a text and you'd like to? You can always subscribe to receive texts from the school by sending a "Y" to 978338. You will receive a notification that your opt-in is complete if successful.



3) Do you have a new or different device you'd like to receive texts to?

First, make sure your child's school has this new number in their system! You should receive a message in 24 hours asking you to respond with a "Y." If you don't, send a "Y" directly to **978338.** You will receive a notification that your opt-in is complete if successful.

*While this service is free, standard message and data rates may apply. Please check with your device's data provider if you have any questions related to charges.

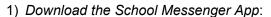




SchoolMessenger App

The School Messenger App allows parents to:

- · Access important school notifications 24/7/365
- Set your communications preferences for calls, emails, texts, and more
- Receive all kinds of school messages in one single app (classroom and group updates, activity alerts, school and division notifications)
- Review your messages on any device (smartphone, laptop, etc...)



Go to the GooglePlay or Apple Stores to download "SchoolMessenger" (the version with the blue logo).

You can also download the app, or set up your account, from http://go.schoolmessenger.com.

2) Sign up for an account:

Make sure you enter the email address that the school has on file for you. This will allow the app to find all of the students associated with you. Also, make sure you select "Canada" as your location.

CANADA

3) Set your preferences:

When you first log in, click on the licon in the upper left corner of your screen and select "Preferences." For each category, you can select how you would like to be notified:

- School Hours Emergency –For urgent messaging during school hours
- Non-School Hours Emergency For urgent messaging before and after school hours
- Attendance For calls regarding your child's attendance.
- General Day to day information from the school.

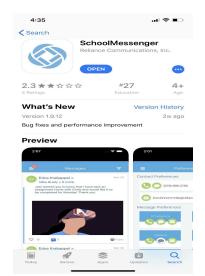


4) Enable push notifications:

Even if you turn off most types of notifications (phone, text, email), you can still receive those messages through push notifications on your phone.

To set your push notifications, click on the icon in the upper left corner of your screen. Select "Settings," then "Push Notifications."

Click on all of those boxes for which you would like to receive push notifications on your device.





Holy Spirit Catholic School Division

Annual Education Assurance Report Summary 2022/2023

Fiscal Stewardship

Our finances must always reflect our values. To support excellence in learning and ensure that all students receive the opportunities to become the persons God created them to be, financial allocations must support a maximum allotment of dollars to the classroom and equity in the distribution of these dollars.

The 2022/2023 actual operating expenditures for the school division were \$65,412,762. Of this total, nearly 77% was focused on ECS to Grade 12 instruction:

ECS	\$3,043,467
Grades 1-12 Instruction	\$47,218,941
Operations & Maintenance	\$10,055,664
Board & System Administration	\$2,455,496
Transportation	\$2,639,194
TOTAL OPERATING EXPENDITURES	\$65,412,762

Fall 2023 Supplemental Measures Summary

	Holy Spirit Roman Catholic Sep			Alberta			Measure Evaluation		
Measure	Current Result	Prev. Year Result	Prev. 3 Year Average	Current Result	Prev. Year Result	Prev. 3 Year Average	Achievement	Improvement	Overall
Diploma Exam Participation Rate (4+ Exams)	17.8	n/a	60.4	3.5	n/a	56.6	n/a	n/a	n/a
<u>Drop Out Rate</u>	1.5	1.2	1.4	2.5	2.3	2.5	Very High	Maintained	Excellent
In-Service Jurisdiction Needs	82.3	85.8	85.4	82.2	83.7	84.3	Intermediate	Maintained	Acceptable
Lifelong Learning	85.7	82.8	80.1	80.4	81.0	76.8	Very High	Improved Significantly	Excellent
Program of Studies	87.6	84.3	85.5	82.9	82.9	82.6	Very High	Improved	Excellent
Program of Studies - At Risk Students	83.7	81.8	84.6	81.2	81.9	83.4	Intermediate	Maintained	Acceptable
Rutherford Scholarship Eligibility Rate	86.5	86.8	82.1	71.9	70.2	68.3	Very High	Improved	Excellent
Safe and Caring	91.2	90.8	91.4	87.5	88.8	89.1	Very High	Maintained	Excellent
Satisfaction with Program Access	77.6	75.9	77.2	72.9	72.6	73.9	High	Maintained	Good
School Improvement	80.6	78.0	82.1	75.2	74.2	77.9	Very High	Declined	Good
Transition Rate (6 Year)	70.8	73.7	73.2	59.7	60.3	60.2	High	Maintained	Good
Work Preparation	87.7	85.2	85.4	83.1	84.9	84.5	Very High	Maintained	Excellent

Division Profile

- · 16 schools and 1 outreach centre
- 5,076 students from Kindergarten to Grade 12
- 225 children in Early Learning Programs
- · 498.33 FTE staff members
- Proudly serving the communities of Bow Island, Coaldale, Lethbridge, Picture Butte, Pincher Creek, Taber and surrounding areas

For More Information

St. Basil Catholic Education Centre 620 12 B Street North, Lethbridge, AB TIH 2L7 Phone: 403-327-9555

Division Reports, Plan and Financial Information can be found on the division's website at: www.holyspirit.ab.ca

Follow us on social media: HolySpiritRCSD









Priorities and Successes

Priority 1: Staff and students will grow in their faith and experience the richness of Catholic Education.

In 2022/2023, the division began a new Three Year Faith Plan, "Arise! Pilgrims of Hope."

Results we are most proud of:

98.5% of staff felt the
Faith Plan theme inspired
and helped.



Indicator (OurSchool Survey)	Elem	(4-6)	Jr./Sr. High		
indicator (our school survey)	21/22	22/23	21/22	22/23	
Their school is a Catholic community that helps them understand the Catholic Faith	94%	95%	88%	89%	
They are encouraged & given the opportunity to live their faith in the school & community.	95%	95%	87%	87%	

Priority 2: First Nations, Métis and Inuit education for all.

Our Graduation Coaches, First Nations, Métis and Inuit Facilitators, administrators and staff, continue to support and build strong relationships with our Indigenous students. In 2022-2023, we continued to engage in reconciliation practices within our schools and the community by renewing and fostering relationships with Indigenous Elders, parents, families and students, both on- and off-reserve to support this priority.

Measure	Holy Spirit	Province
3-Year High School Completion	73.6%	57.0%
6-Year Transition Rate to Post- Secondary	41.9%	35.5%
Rutherford Scholarship Eligibility	68.9%	43.9%

Priority 2: High quality instruction rooted in sound research and effective assessment practices to support growth for all learners.

Our staff continues to recognize the importance of foundational skills by providing multiple opportunities for real life learning. Our results show the success we've had through deep dives into the curriculum and engaging our students in relevant learning experiences.

Measure	Holy Spirit	Province	
Education Quality	90.7%	88.1%	
Welcoming, Caring, Respectful & Safe Learning Environment	89.3%	84.7%	
Students engaged in their learning	86.9%	84.4%	
Access to Supports & Services	82.3%	80.6%	
3-Year High School Completion	90.4%	80.7%	

Priority 4: Foster a culture of wellness that is foundational to support learning.



Fostering a holistic approach to support students' spiritual, physical, mental, emotional, and academic health, we work closely with a variety of provincial and local partners to devise targeted initiatives that build student capacity in this area.

Indicator (OurSchool Survey)	Eleme	entary	Jr./Sr. High		
indicator (Our school survey)		22/23	21/22	22/23	
Students with a positive sense of belonging	74%	71%	63%	65%	
Students with positive relationships	81%	83%	79%	81%	
Students that value school outcomes	91%	91%	65%	69%	



Triple P Discussion Group

Managing Fighting & Aggression







Why can't my children get along? Why do I feel like I'm always fighting with my children? In this discussion group you will have the opportunity to develop a plan to deal with your children's fighting; discuss some reasons why children fight; find strategies that will help children cooperate; and discover you are not alone! Child care provided for in person group. Virtual option.

Thursday February 1, 2024 6:00-8:00pm Child care available for the in person session. Virtual option.

Register Online at famcentre.ca/programs or call 403-320-4232

Funded in part by:





Family Centre
Suite 225, 200 - 4 Ave. S.
Lethbridge, AB T1J 4C9
403-320-4232

Website: www.famcentre.ca

Facebook: elethbridgefamilycentre

Instagram: @familycentreyql

LinkedIn: @Family Centre Society of Southern Alberta



(I)SWAG Presents:

HEALTHY RELATIONSHIPS

Join us as Lethbridge Family Services presents while you enjoy a complimentary dinner at a night of exciting learning

Location

Anton's Ballroom

Sandman Signature, 320 Scenic Drive S, Lethbridge AB February

15

5:30 - 8:00pm

Please RSVP at:

https://www.surveymonkey.com/r/7R9L8CC





Emily Williston



SWAG

Student Wellness Access Guide
Holy Spirit Catholic School Division

willistone@holyspirit.ab.ca (403)308-2445





ISWAG

Indigenous Student Wellness Access Guide
Holy Spirit Catholic School Division
woitteb@holyspirit.ab.ca
(403)635-2415

LETHBRIDGE S
FAMILY SERVICES

Lethbridge Family Services provides highly-accredited health and social services to over 9,000 individuals and families in more than 30 communities in southwestern Alberta. The Outreach and Education team works with individuals, caregivers and professional to facilitate insight, awareness and enhance skills.

This is a **FREE** event

Intended auidence: parents, guardians, caregivers, aunts, uncles, grandparents, childcare providers, all school staff, bus drivers, parishoner's



2024 OUTDOOR RECREATIONAL SOCCER REGISTRATION INFORMATION

www.lethbridgesoccer.com - 403-320-5425 (KICK)

ONLINE ONLY:

Thursday February 1st - Sunday March 3rd

all registration must be done online REGISTER YOUR PLAYER BY THEIR BIRTH YEAR
*payments must be made online using RAMP

IF YOU ARE USING KIDSPORT OR JUMPSTART

IF YOU ARE APPLYING FOR FUNDING THROUGH JUMPSTART, KIDSPORT OR CITY OF LETHBRIDGE FAP - PLEASE APPLY ONLINE TO THOSE ORGANIZATIONS **FIRST.** THEN REGISTER YOUR PLAYER ONLINE: WWW.LETHBRIDGESOCCER.COM



REGISTER: www.lethbridgesoccer.com Request Fee - \$40.00 - Payable at office or over the phone

Age Group	<u>Birthyear</u>	<u>Fee</u>	# of sessions	***Days Playing***	***Fields***	***Earliest Start Times***
U4 - CoEd/ Parent & Tot	2020	\$125.00	10 (30 min sessions)	Monday	Servus Sports Centre Indoor Field	5:15pm & 6:00pm
U5 - CoEd	2019	\$125.00	10 (45 min sessions)	Wednesday	Outdoor Servus Sports Centre Field	5:00pm
U6 - CoEd	2018	\$125.00	10 (45 min sessions)	Monday	Outdoor Servus Sports Centre Field	6:00pm
U7 Boys	2017	\$125.00	10 (45 min sessions)	Wednesday	Outdoor Servus Sports Centre Field	5:45pm & 6:30pm
U7 Girls	2017	\$125.00	10 (45 min sessions)	Wednesday	Outdoor Servus Sports Centre Field	5:45pm & 6:30pm
U9 Boys	2015 & 2016	\$190.00	18 (1 hr sessions)	Tuesday & Thursday	Park Meadows or Redwood Park (North)	5:30pm & 6:30pm
U9 Girls	2015 & 2016	\$190.00	18 (1 hr sessions)	Tuesday & Thursday	Park Meadows or Redwood Park (North)	5:30pm & 6:30pm
U11 Boys	2013 & 2014	\$190.00	18 (1hr sessions)	Monday & Wednesday	St. Teresa School (North)	5:30pm & 6:30pm
U11 Girls	2013 & 2014	\$190.00	18 (1hr sessions)	Monday & Wednesday	St. Teresa School (North)	5:30pm & 6:30pm
U13 Boys	2011 & 2012	\$190.00	18 (1 hr sessions)	Tuesday & Thursday	Gilbert Paterson School (South)	6pm &7:15pm
U13 Girls	2011 & 2012	\$190.00	18 (1 hr sessions)	Tuesday & Thursday	Gilbert Paterson School (South)	6pm & 7:15pm
U15 - CoEd	2009 & 2010	\$190.00	18 (1 hr 10 min sessions)	Monday & Wednesday	Winston Churchill School (North)	6pm & 7:30pm
U18 - CoEd	2006, 2007 & 2008	\$190.00	18 (1 hr 20 minute sessions)	Tuesday & Thursday	Atsotawawa (West)/ Wilson Middle School (East)	6pm & 7:30pm

** Please note if U7, U9, U11 and U13 age groups do not fill for gender specific they will be CoEd**

*** START TIMES CANNOT BE REQUESTED AS TIMES WILL ROTATE THROUGHOUT THE SEASON ***

Sessions will be scheduled during the Victoria Day long weekend (Monday evening)

*** Days, Start times & locations are subject to change and are provided as a guideline only. Season to start on Monday April 22, 2024 and be complete by Saturday June 22, 2024***

U4-U6 Timbits: An introduction to soccer. All sessions ran by LSA Staff Coaches, with activities based around players exploring the soccer ball and getting comfortable with an invasion sport. Some small sided scrimmages may be played, but this environment is purely about the players gaining their first touches of a soccer ball.



U7-9 Fundamental: Individual development is paramount by building a love of the ball. Sessions will challenge players creative side as well introduce them to skills needed in the game such as dribbling, passing and shooting. Scrimmages will be played, but no scores will be kept, and all players will be asked to experience all positions of a soccer match (goalkeeper, defender, midfielder, striker).

U11-13 Learning The Game: This age is classed as 'The Golden Age Of Learning' where skills learnt in the earlier stages are now enhanced as well as an introduction to the tactical side of the game. Scrimmages will be played and although scores will be kept during the game, coaches and players are asked to keep games meaningful, competitive and to avoid blowouts at all costs. There will be no league standings.

U15-U18 Excel In The Game: Utilizing the technical understanding and tactical skills learnt in the previous three phases to excel in the game. Like the previous 'Learning the Game' phase, coaches are asked to avoid blowouts and keep games competitive throughout.

REGISTER NOW

REGISTER AT:

www.lethbridgeminorsoftball.com

REGISTRATION RUNS FEB 1ST - MAR 31ST

Lethbridge Minor Softballs goal is to grow the sport of softball while providing a great experience for kids ages 3-19 from Apr -Jun.

We also offer a competitive provincial team for players interested in challenging themselves further.

We believe you are never too old to play and regardless of experience we welcome you to come out and learn the sport of softball that provides fun with physical activity!



