

### UPCOMING DATES:

**June 2<sup>nd</sup>** – NO Kindergarten

**June 6<sup>th</sup>** – NEW kindergarten Open House

**June 7<sup>th</sup>** – Blackfoot Blessing and Face Painting  
(families welcome to join)

-Last Day for Run Club

**June 9<sup>th</sup>** – Blue ESM Shirt

**June 12<sup>th</sup>** – PD Day – NO SCHOOL

**June 14<sup>th</sup>** – Sports Day and Team color day (*dress for the weather!*)

**June 15<sup>th</sup>** – Last Day for ELP and Kindergarten

-Kindergarten Farewell 6-7:30pm

**June 19<sup>th</sup>** – Beach Day & Henderson Pool

**June 20<sup>th</sup>** – Talent Show 1:00p.m. in gym.

**June 21<sup>st</sup>** – Closing Mass and Grade 6 Farewell

**June 27<sup>th</sup>** – LAST DAY OF SCHOOL – Dismissal 3pm

-Sunglasses and Flip Flops

-Year-end assembly @ 1:30pm

**June 28<sup>th</sup>** – Last day for staff and Office to help with  
BUS TRANSPORTATION REGISTRATION



## Newsletter June 2023 Mme Bouchard

Dear ESM Families,

Welcome to June. What a year it has been! There has been a return to many things from pre-pandemic. We have been in full swing and running all year long. We have returned to traditions, and added some new ones. From the Welcome Back BBQ Terry Fox Run, to after school sports and clubs, the Christmas Concert, Valentine's Dance, Masses at Assumption and at the school, in person retreats, and the list goes on. Looking back, there is so much to celebrate.

June is always a very busy time in schools, and that is no different this year for ESM. Many classes have many activities planned throughout June. Please keep your eyes on both school communication and classroom communication to keep up to date. We will be hosting our Sports Day, Talent Show, Year End/Closing Mass where we celebrate our grade six students moving on to new adventures next year. Please join us on Wednesday, June 21st at Assumption if you are available.

This is a time to look back and celebrate. It is a time to celebrate your child's successes and growth. It has truly been a year of growth for all of our students this year and we are all so proud of them.

Our student Wellness Day was a huge success. We had Booster juice, Zumba, Yoga, a nutrition activity, emotional and spiritual wellness, then even some music therapy. A day where students have fun, and learn by doing, by exploring, and living wellness. Thanks to all those that made the day possible!

It has also been a year of new endeavors. We have worked with Spaces this year, our new digital reporting tool. Thank you for your support and patience as we have navigated this new way of reporting. Thank you for the feedback we have received as well. At the end of June, you will receive a short summative report. This is not a replacement for report cards, as Spaces has been the tool to report, but it is a little summary of your child's learning.

I would like to take this opportunity to thank our School Council for all of their support, and planning this year. They have contributed financially to each and every class for their field trips. They purchased ESM school t-shirts this year. They are paying a big portion of the amount for our Henderson swimming field trip on Monday, June 19th. School Council, you are simply amazing and we very much appreciate what you do to support students.

June 19th, we will be going to Henderson. We really need volunteers to come with us so that it is possible. Please mark your calendar as we need to hit the proper ratio for this to be safe and a success. Thanks for your consideration.

We now have access to our school calendar for 2023-24. Please take a look for important dates. Planning for next year is well underway. There will be one final message at the end of June to keep you informed.

Thank you to you, our parents, grandparents and guardians, for being a partner in your child's education. We are blessed to have such an amazing community and that is because of you. Thanks for choosing ESM for your child.

From all of the staff at Ecole St. Mary, we wish you a blessed June! We hope it is full of great learning, memories and adventures!

Yours in Christ,  
Kiera Bouchard

## Mr. Harper's June Message 2023

Welcome to June!

Wow, this year has gone by so fast, and this month will go by even faster, I think! It is filled with field trips and events for our students. Thank you all for everything you do that helps make these opportunities a reality for the school!

This month we journey with Saint Maximilian Kolbe. He is a great example of our final Fruit of the Spirit - Love. This year, we have spent a lot of time talking about the Fruits of the Spirit and how we demonstrate them in our lives to help discern the role the Holy Spirit plays in our lives. Love, or Charity, is also one of the three Theological Virtues that has underlined all of the Spiritual Works of Mercy that we have examined over the course of the year; because it is from our love for others that we seek to be merciful towards them, in the same way, that God is merciful towards us in His love.

We will be celebrating our Closing Mass and Grade 6 Farewell on Wednesday, June 21st, at 9:00 AM at Assumption Parish. Our grade 6 classes will be hosting mass with Father Kevin presiding. This is the day we will celebrate our time with our grade 6 students and wish them the best as they move on to junior high. Please join us if you are able. We would love to celebrate together.

Thank you again for your support and everything you do that helps make our school so great. It is an honor to serve Ecole St. Mary as its associate principal, and I am blessed to have this opportunity continue in the following years. Working with such incredible staff, amazing students, wonderful families, and a great community is truly a blessing. June will be a great month of learning and fun! We can not forget about our dads, father figures, grandfathers, and others during June. Happy Father's Day! I hope all of you have a fantastic June and the best summer!

*"A person is great and becomes a witness and a teacher, capable of leaving an authentic message to the world, not so much on account of what one says or writes, but for what one is..."*

St. Maximilian Kolbe





## *Ecole St. Mary Grade 6 Graduating Class of 2023*

<i>Michelle</i>	<i>Raphael</i>	<i>Katelyn</i>
<i>Luis</i>	<i>Chloe</i>	<i>Yllac</i>
<i>Felicity</i>	<i>Anna</i>	<i>Isabella</i>
<i>Isla</i>	<i>Chrisha</i>	<i>Jullien</i>
<i>Carter</i>	<i>Anjelica</i>	<i>Ivanna</i>
<i>Carson</i>	<i>Fraser</i>	<i>Chloe</i>
<i>Zachary</i>	<i>Thijs</i>	<i>Zinah</i>
<i>Kiera</i>	<i>Katelyn</i>	<i>Naomi</i>
<i>Madie</i>	<i>Misa</i>	<i>Rypienn</i>
<i>Mauí</i>	<i>Aila</i>	<i>Ransom</i>
<i>Rosalie</i>	<i>Milo</i>	<i>Shanville</i>
<i>Ari</i>	<i>Aries</i>	<i>Alberta</i>
<i>Clairabelle</i>	<i>Ayang</i>	<i>Siddarth</i>
<i>Koko</i>	<i>Elie</i>	<i>Hunter</i>
<i>Coen</i>	<i>Jaelynn</i>	<i>Nathaniel</i>
<i>Claire</i>	<i>Olivia</i>	<i>Andreil</i>
<i>Elliott</i>	<i>Genny</i>	<i>Seth</i>





## HOLY SPIRIT CATHOLIC SCHOOL DIVISION TRANSPORTATION UPDATE - 2023/2024

Holy Spirit Catholic School Division partners with Southland Transportation Ltd. and Lethbridge School Division to provide school bus transportation services for students travelling to our Lethbridge schools.

We are currently working to implement the recent changes announced by the Government of Alberta regarding eligibility, distances, and funding for September 1, 2024. For the 2023/2024 school year, the school division will not be charging transportation fees for government-funded eligible riders.

To assist with planning and ensure sufficient space on busses, riders will be **REQUIRED TO REGISTER BEFORE JUNE 30, 2023** in order to access transportation services for the 2023/2024 school year.

LOOKING FORWARD TO A NEW YEAR...

### 2023/2024 REGISTRATION

- Re-registration for **CURRENT** students starts **January 16, 2023**
- Registration for **NEW** students starts **February 1, 2023**

Holy Spirit  
CATHOLIC SCHOOL DIVISION

### DID YOU COMPLETE YOUR REGISTRATION?

**Please ensure this is complete as soon as possible.**

Contact the office for help or to re-set your parent powerschool password.

**Bus Registration also must be complete BEFORE June 30<sup>th</sup>** or your child will not be able to ride the bus.

### LOST & FOUND

**Please come and take a look at the lost and Found!** As the weather gets nicer, students are leaving their coats on the park and forgetting to bring them in.

Parents can come say "hi" to the office staff and go check the lost and found if they would like.



### LIBRARY

Library books are due back to the school the week of **June 12<sup>th</sup> – 16<sup>th</sup>**. Students will be billed for books not returned.

### HOUSE TEAMS

The students are assigned a house team (colour team) so be a part of for the year. This encourages the kids to interact with kids in other grades. Our leadership team comes up with special days and activities for students to earn points to go towards their house team.

For the Month of May the winning house team is: White Wolves

## **Indigenous Awareness Month**

Oki, June is our National Indigenous awareness month and we will be celebrating the Blackfoot culture within our school while taking part in playing traditional games and learning about additional Blackfoot cultural ways of knowing within our classrooms throughout the month with Mrs. Shade. On Wednesday June 7, 2023 at 9:00am – 12:00pm we will be welcoming 5 Blackfoot elders into our school to perform a schoolwide ceremonial face painting blessing. All are welcomed! On Tuesday June 20 we will be treated to a delicious snack of traditional saskatoon berry soup and fry bread. Everyone is welcomed to come and take part in these beautiful displays of wonderfully, rich culture.



## **SAMARITAN STARS**

As the students do good deeds and display exemplary actions/attitudes, their fellow classmates can nominate them and put their name in the “Samaritan Stars” jar. From here we draw names to win a cheque for \$25.00 which is graciously donated by Ward Bros. Construction. Thank you, Ward Bros., for your continued generosity to our school!

**For the month of May our winners were: Haylie 5FE and Aila 6MI**



On May 16, 2023, Lethbridge City Council Tuesday voted unanimously in favour to approve the implementation of harmonized school and playground zones. For more information, please see the City of Lethbridge’s release, [“Safety top priority as Council approves speed zone harmonization.”](#)

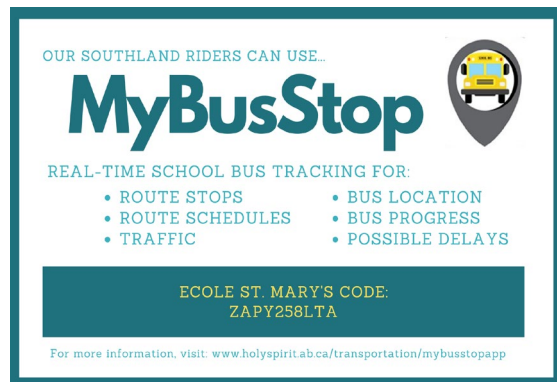
**This change will come into effect for the 2023/2024 school year and will see all current playground and school zones have a cohesive 30 km/hr speed limit from 7:30 am to 9:00 p.m. every day of the year.**

The school division agrees that this decision will make the traffic laws easier for motorists to remember, as well as ensure the safety of all children accessing school and city playgrounds.

## **SICK KIDS**

If your child(ren) is sick – KEEP THEM HOME.

We all need to do our part to take care of ourselves and others. Staying home while you are sick is the best way to not share germs with classmates and teachers.



## **SCHOOL BUS**

Our Code is: ZAPY258LTA

Please download the app for the most up to date route changes and delays.

There has been changes and additions to routes this month. Also remind your kids to check the sign on the bus as they may not be in the same line up at the end of the day.

<https://www.southland.ca/lethbridge/>

## **ATTENDANCE**

Children thrive and succeed when they attend school regularly. We understand things come up, appointments made during school hours, emergencies, sickness etc. Please call the office to let us know if your child(ren) will not be at school on any given day. You can call 403-327-3098 (leave a voicemail or email [esmoffice@holyspirit.ab.ca](mailto:esmoffice@holyspirit.ab.ca))

## **STUDENT DROP OFF/ PICK UP**

Students can be dropped off at 7:45am. There will be no supervision before 7:45am if you choose to leave your child unattended at the school this is your parent responsibility.



### **NO PARKING IN PARKING LOT**

**Parking lot is for STAFF ONLY.**

You may park on the east side of the street. In the morning the sidewalk between the flag pole and the parking lot is a drop off zone. Hug and Go. Please do not park there for long periods of time.

**Kindergarten & ELP** – There are school buses here at 11am for the high school shuttle.

Please don't block the bus lane. Park on the East side of the street and encourage your children to use good habits by using the cross walk to cross the street.

## **DO NOT BLOCK THE BUS LANE.**

We can't say it enough. For the safety of the students please do not block the bus lane. The buses drop off students from 3 schools and it is a busy place in the morning. Even as the snow falls and the days get colder parking is still not allowed in the bus lane. Busses need all the space and ask for your help in leaving the bus lane clear.



# June



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 NO KINDERGARTEN	3
			Grad 6 Camp @ SABC			
4	5	6	7 Blackfoot Blessing and Face Painting	8 Library Last day	9	10
11 Library Books are to be Returned this week	12 NO SCHOOL PD Day	13	14 Sports Day Team Colour Day School Council 6pm	15 Kona Ice Last day for Kindergarten and ELP	16 NO KINDERGARTEN PAT French LA	17
18	19 Beach Day	20 PAT L.A.	21 Closing Mass @ Assumption 9am	22 PAT Math Part A	23 PAT Math Part B	24
25	26 PAT Social	27 PAT Science Last Day of school Sunglasses & Flip Flops day Assembly 1:30	28	29	30 Bus Registration Due!	

# HOLY SPIRIT EL/JH LETHBRIDGE 2023-2024 SCHOOL YEAR CALENDAR

Aug 30 First day for staff  
Aug 30 Opening Mass

O – 2  
I – 0

AUGUST '23						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## SEPTEMBER '23

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sept 4 Labour Day  
Sept 5 First day for students  
Sept 25 School PD Day  
Sept 27 Div. Board Meeting  
Sept 30 National Day for Truth and Reconciliation

O – 20 (22)  
I – 18

Oct 9 Thanksgiving Day  
Oct 23 Div. PD Day  
Oct 25 Div. Board Meeting

O – 21 (43)  
I – 20 (38)

OCTOBER '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## NOVEMBER '23

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Nov 10 Day in lieu of Nov 11  
Nov 11 Remembrance Day  
Nov 13 Non-operational day  
Nov 22 Div. Board Meeting

O – 20 (63)  
I – 20 (58)

Dec 4 School PD Day  
Dec 20 Div. Board Meeting  
Dec 22 Last day before break  
Dec 23-31 Christmas break  
Dec 25 Christmas Day  
Dec 26 Boxing Day

O – 16 (79)  
I – 15 (73)

DECEMBER '23						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## JANUARY '24

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Jan 1 New Year's Day  
Jan 2-7 Christmas break  
Jan 8 First day after break  
Jan 24 Div. Board Meeting  
Jan 31 Semester 2 begins

O – 18 (97)  
I – 18 (91)

Feb 2 School PD Day  
Feb 19 Family Day  
Feb 20 Day in lieu of Sept 30 for support staff  
Feb 20 & 21 Unassigned time for teachers  
Feb 22 & 23 SWATCA  
Feb 28 Div. Board Meeting

O – 20 (117)  
I – 15 (106)

FEBRUARY '24						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

## MARCH '24

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Mar 11 Div. Collab. Day  
Mar 27 Div. Board Meeting  
Mar 28 Last day before Easter break  
Mar 29 Good Friday  
Mar 31 Easter Sunday

O – 20 (137)  
I – 19 (125)

Apr 1-7 Easter break  
Apr 8 First day after break  
Apr 24 Div. Board Meeting

O – 17 (154)  
I – 17 (142)

APRIL '24						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## MAY '24

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

May 20 Victoria Day  
May 21 School PD Day  
May 22 Div. Board Meeting  
May 27 Spiritual Dev. Day

O – 22 (176)  
I – 20 (162)

Jun 17 School PD Day  
Jun 26 Div. Board Meeting  
Jun 27 Last day students  
Jun 28 Last day for teachers

O – 20 (196)  
I – 18 (180)

JUNE '24						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## JULY '24

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

No students  
Stat Holidays  
School PD/Div. PD/Spiritual Dev./Collab. Days  
Div. Board Meetings  
First and last days for students  
First and last days for teachers



# HOLY SPIRIT CATHOLIC SCHOOL DIVISION TRANSPORTATION UPDATE - 2023/2024

Holy Spirit Catholic School Division partners with Southland Transportation Ltd. and Lethbridge School Division to provide school bus transportation services for students travelling to our Lethbridge schools.

We are currently working to implement the recent changes announced by the Government of Alberta regarding eligibility, distances, and funding for September 1, 2024. For the 2023/2024 school year, the school division will not be charging transportation fees for government-funded eligible riders.

To assist with planning and ensure sufficient space on busses, riders will be **REQUIRED TO REGISTER BEFORE JUNE 30, 2023** in order to access transportation services for the 2023/2024 school year.

## ELIGIBILITY AND FEES

### Eligible - No Fee Required

The following eligible riders may access transportation for no fee:

- Kindergarten to Grade 6 students within the school division's boundaries who reside 1.2 km or more from their designated school.
- Grade 7 to 12 students within the school division's boundaries who reside 2.4 km or more from their designated school.
- Grade 7 to 9 students living north of Crowsnest Trail and between 1.2 and 2.39 km from St. Francis Junior High School.
- Students accessing a Fine Arts Program of Choice under the following circumstances:
  - They are a K-6 student living inside the boundary of The Children of St. Martha School or Father Leonard Van Tighem School who requires transportation to St. Patrick Fine Arts School.
  - They are a Grade 7-9 student living in the Father Leonard Van Tighem Junior High School attendance zone, who attended Grade 6 at St. Patrick Fine Arts Elementary in the prior school year, and wishes to continue with a Fine Arts Program of Choice by attending St. Francis Junior High School.

### Eligible - Fee Paying

Students are eligible to ride the bus for a fee under the following conditions:

- They are a Kindergarten to Grade 6 student attending Father Leonard Van Tighem School who require after-school child care at Children of St. Martha School, providing space is available on existing routes.

#### **Fees for the 2023/2024 school year:**

- \$25.00/month/student to a maximum of \$75.00/month/family.
- The school will assign fees to your School Cash Online Account once registration is verified.

### ADDITIONAL TRANSPORTATION NOTES :

- *Transportation services are provided to school at the beginning of the school day and from school at the end of the school day to the student's primary residence. Students are not permitted to ride the bus to a friend's or relative's house, daycare, parent's workplace, etc....*
- *The Transportation Coordinator utilizes Government approved software to calculate the distance that a student lives from their designated school. This official distance informs both eligibility and funding.*



# REGISTRATION FOR TRANSPORTATION

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To assist with planning and ensure sufficient space on busses, all riders will be **REQUIRED TO REGISTER BEFORE JUNE 30, 2023** in order to access transportation services during the 2023/2024 school year.

Families of eligible students should receive an email asking them to complete an online *Transportation Registration Form* in SchoolEngage. If you don't receive an email, please contact your child's school directly to confirm your eligibility and arrange for a form to be assigned to you.

## To access your SchoolEngage Account:

### ***For Current Families who already have access to PowerSchool***

1. Log into PowerSchool. If you need help logging into PowerSchool, please contact your child's school directly.
2. Once you are logged in, click on the "School Engage" option on the bottom left corner of the screen.
3. Select the "Student" tab on the top-left side of the screen. Then select the name of the student you are registering for transportation services.
4. The *Transportation Registration Forms* will appear under the Forms section. Select the "Open" button next to the appropriate form.
5. Complete and submit the form.

### ***For New Families who don't yet have access to PowerSchool:***

1. Log into School Engage using the email address and password that you created when you registered your child in our system.
2. Select the Student tab on the top-left side of the screen, then select the name of the student you are wishing to register for transportation services.
3. The Transportation Registration Forms will appear under the Forms section. Select the "Open" button next to the appropriate form.
4. Complete and submit the form.

Completed *Transportation Registration Forms* will be reviewed and verified. Once verified, a confirmation notice will be sent.

The school division is committed to providing transportation to students who register for service before June 30, 2023. Please be aware that, riders who do NOT register by June 30, 2023 will NOT be eligible to receive bus service in the 2023/2024 school year.

Bus route information for the upcoming school year is expected to be available in mid to late August and may be found on Southland's Lethbridge webpage at:

<http://www.southland.ca/lethbridge>.

Families will also have the opportunity to use Southland Transportation Ltd.'s GPS tracking service app, "MyBusStop," which provides real-time information about bus location, route stops, schedules, and possible delays. For more information, and to find your school's code, visit

<https://www.holyspirit.ab.ca/schools/transportation/mybusstopapp>.



***CELEBRATE our GIFT of the EUCHARIST  
come WALK the streets WITH JESUS . . . . as we Walk and PRAY for PEACE***

**June 11, 2023 ~ Feast of Corpus Christi**

***“let us celebrate with particular devotion the Solemnity of Corpus Christi, with its traditional procession. Our faith in the God who took flesh in order to become our companion along the way needs to be everywhere proclaimed, especially in our streets and homes, as an expression of our grateful love and as an inexhaustible source of blessings”***

*Pope St. John Paul II 2005 Apostolic Letter Mane Nobiscum Domine*

**PARENTS AND STUDENTS OF HOLY SPIRIT SCHOOL DISTRICT**

You and your families are invited to join us on this special day to walk in a procession as we bring the Holy Eucharist to the streets of Lethbridge.

This is a great way for the children and their families to profess their faith and belief in the Body, Blood, Soul and Divinity of our Lord, Jesus Christ. For many of us our memories of the special times in our church life are what helps keep our gift of faith during the times when we find it challenging. This is one of those occasions and this is our wish for you.

**It is suggested that we wear white, or red** (second choice) which represents the Body or the Blood of Christ. School students are invited to wear any clothing that represents their CATHOLIC schools. Younger children and Elementary school age children must be accompanied by a parent(s).

The procession is a reverent and respectful procession with joyful song and prayer as we process with the Monstrance we show our adoration for the Body of Christ in the Eucharist.

We leave from St. Basil's at 12 noon, after the 11:00 am Mass. The Eucharist is placed in the Monstrance, and then on the carrier. Those wishing to walk follow the procession moving south on 13<sup>th</sup> Street with a prayer stop at the corner of 2<sup>nd</sup> Avenue before continuing to CCH. You are invited to take turns carrying the carrier.

At Our Lady of Assumption procession begins with a prayer service at 11:45 am. Once the Monstrance is on the carrier we walk east to Mayor Magrath Drive, where we turn north. After a prayer stop at 8<sup>th</sup> Avenue we continue walking along Mayor Magrath to 6<sup>th</sup> Avenue, then we turn left and continue walking to 20<sup>th</sup> Street. We turn right at Ecole St. Mary's and continue until we reach CCH field.

You are invited to walk with us all the way (with the prayer stop it will take about 1 hour), or join us at one of the prayer stations. If you cannot walk join us at Catholic Central High School, East campus on the field.

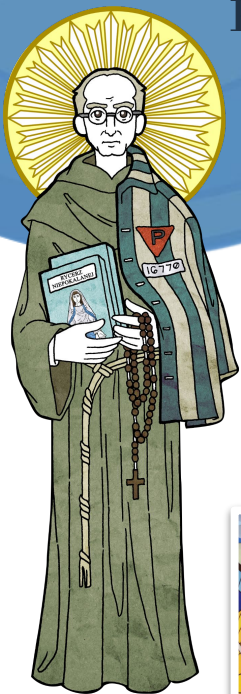
At CCH we will have Benediction on the field, weather permitting. In bad weather we will gather in the cafeteria. This will be followed by a social lunch and fun activities for the younger people.

***There are three major processions in the life of the church, including Corpus Christi: the Sunday after Trinity Sunday when we remember the institution of the Eucharist at the Last Supper, Holy Thursday. A prominent aspect of this feast is the procession which is to follow the Mass...The procession should be seen as a public declaration of the parish community's faith.....Processions are a very important part of our Catholic identity. We are a pilgrim people on a journey, a journey of growth in faith and self-awareness. We are called to be followers of Jesus, to walk with Him.***

For more information please go to the parish website – [AllSaintsLethbridge.org](http://AllSaintsLethbridge.org)

# June

## Arise! Pilgrims of Hope



*"Come to me, all you that are weary  
and are carrying heavy burdens, and I will give you rest."*

Matthew 11:28

### Saint Maximilian Kolbe 1894-1941 (Feast Day: August 14)

Raymund Kolbe was born in Poland in 1894. At the age of 12, while praying with an image of Our Lady of Czestochowa, Mary appeared to him in a vision. He later joined a branch of the Franciscan order, and took the name Maximilian as his religious name when he was ordained. In the early 1930s, he served as a missionary in Shanghai, Nagasaki, and Malabar. The monastery which he built in his time in Nagasaki later survived the atomic bomb blast.

Kolbe returned to Poland in 1936, resumed his work as a priest and publisher, and started a Catholic radio station. At the outbreak of the Second World War in 1939, Kolbe and his fellow friars provided shelter to Jewish refugees, and continued publishing Catholic and anti-Nazi works. Kolbe was arrested in February 1941, and was eventually sent to Auschwitz. He maintained his priestly ministry in the camp, which led to beatings and punishments.

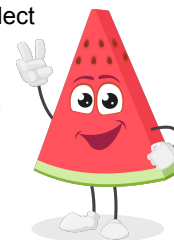
In late July 1941, after the escape of a prisoner from the camp, ten men were selected to be starved to death as punishment. One of the men selected was a Polish army sergeant named Franciszek Gajowniczek; when selected, he cried out for his wife and family. At this point, Kolbe stepped forward to take his place voluntarily. Gajowniczek survived the war and lived until 1996.

The prisoners were jailed in an underground bunker and deprived of food and water. During this time, Kolbe led the group in prayer. After two weeks, only Kolbe and three others remained alive. On August 14, 1941, he and the other three prisoners were killed with a lethal injection.



### Holy Moments In Our Schools

Over the course of this year, we have been blessed to see the many Holy Moments that have happened throughout Holy Spirit. When we take time to step back and reflect on these moments, we often discern the role that the Holy Spirit plays in our lives to reveal God and his plan to us. As you have each taken up the call to Arise this year, like the École St. Mary students shown here, you too have been a conduit for the Holy Spirit for those around you.



### June – Comfort the Afflicted

Comforting the afflicted (or sometimes, the sorrowful), is the last of the Spiritual Works of Mercy that we will examine this year. This comfort is not a corporal (physical) work of mercy because it is describing the need that we have to support one another emotionally and spiritually. If we consider the roots of the word comfort, we find together (com-) and strong (-fort); strong together. We see something similar in the word compassion—suffering together. When we find ways to suffer with one another—to bear each other's burdens—we become stronger and more unified. That strength and unity is modeled in a perfect way in Christ, who took on all of our burdens and suffered for us, that we might become one. "It is not a sign of weakness to share your suffering with someone. In fact, it takes great courage and it takes even more courage to listen and not try to solve the problem. Sometimes we just need to "suffer with" that person in order to comfort them."

Be open to listening and comforting those who are dealing with grief. Even if we aren't sure of the right words to say, our presence can make a big difference.

- Lend a listening ear to those going through a tough time
- Make a home cooked meal for a friend who is facing a difficult time
- Write a letter or send a card to someone who is suffering
- A few moments of your day may make a lifetime of difference to someone who is going through a difficult time

### The Fruit of the Spirit – Love

Love is both a Fruit of the Spirit and one of the three *Theological Virtues* inspired by the Holy Spirit. As the first and greatest Theological Virtue, Love (or Charity) refers to our ability to love God above all things, and our neighbour as ourselves. Our imperfect love is a reflection of the perfect love that God has for us, and the love that exists in the relationship between God, Christ, and the Holy Spirit. This points us toward the idea that love is relational, and the fullness of love leads us into communion and spiritual unity with God and one another. Throughout this year, we have focused on this element of Mark 5 of the Catholic School Identity - that we live in community, spiritual unity, and relationship.

God demonstrates His perfect, selfless, agape love to a world that is often confused about what true love is. In society, we have overused the word 'love' in ways that minimize the depth of what real love is. We say we "loved the movie" or we "loved those blueberry pancakes" or we "love" a Facebook post.

Jesus used the word 'love' 51 times during his teaching. In John 15:17, he used the word 'love' in a command, "These things I command you, that you love one another." As a child of God, we need to strive to show others God's love through us. Whether it be reaching out to a friend in need, volunteering in a mission, giving our time to a cause—reach out in love, and let the fruit of love ripen inside your spirit.



*"God has assigned each person a specific mission in this world."*

- Saint Maximilian Kolbe



# Reflecting on the life of St. Maximilian Kolbe ...

## Saint Maximilian Kolbe Showed “Comfort the Afflicted”

As we have seen, we can draw a connection between comforting the afflicted and suffering together. In his final days, St. Maximilian Kolbe chose to suffer together with his fellow prisoners, and continued to point them towards Christ even in their unimaginable circumstances. In his collected writings, he once said:

*“A person is great and becomes a witness and a teacher, capable of leaving an authentic message to the world, not so much on account of what one says or writes, but for what one is...”*

Although St. Maximilian Kolbe died at Auschwitz, he left an authentic message to the world. The man he saved, Franciszek Gajowniczek, survived the remainder of the war and was reunited with his wife, and spent his life spreading the story of Kolbe's sacrifice.

St. Maximilian Kolbe, Pray for us!



## Saint Maximilian Kolbe Showed “Love”

When St. Maximilian Kolbe was canonized by St. Pope John Paul II, he was decreed to be a martyr of charity. In the Catholic tradition, this is someone who is martyred in the act of practicing charity motivated by faith. In this alone, it is clear that Kolbe was a model of love.

One saying that was often repeated by Kolbe in his life and work was “only Love creates.” The meaning of this, so evident not only in World War II but also in our own day, is that hatred is not a creative force - all that is created is a reflection of the love that God has for us. In the crucible of Auschwitz, founded in hatred, Kolbe chose to witness his faith by laying down his life for a man that he did not know. Such a decision could only be made in the knowledge that this loving choice would have creative ends in God's plan. As St. Pope John Paul II said at his canonization:

*“And in this human death of his there was the clear witness borne to Christ: the witness borne in Christ to the dignity of man, to the sanctity of his life, and to the saving power of death in which the power of love is made manifest.”*

## Gospel Readings

June 4, 2023

Solemnity of the Most Holy Trinity

### Gospel Reading: John 3:16-18

“God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.” — John 3:16

What is the most precious thing you have? Is it a special toy? A special friendship? A special talent? Would you be willing to give it to someone else if that person needed it? There is nothing more precious than life itself. But God was willing to send Jesus into our world for our benefit.

On this special feast day, we remember that while God is one, God is also a family of three Persons – Father, Son and Holy Spirit, bound together as one by a great force of love. The amazing thing is that Father, Son and Holy Spirit love us with the same great love. There is nothing more important to God than to bring us into their family of love.

*Dear Lord, thank you for loving us with such a great love that even death cannot separate us. Help us to sacrifice the little things we hold onto so we can imitate your love to others and bring them closer to you.*

**What is one thing you can give up today that will help someone else?**

June 11, 2023

Solemnity of the Body and Blood of Christ

### Gospel Reading: John 6:51-58

“Whoever eats my flesh and drinks my blood remains in me and I in him.” — John 6:56

What happens when you dissolve a powdered drink mix in water and shake it up? Would it be possible to separate the granules from the water once they are completely dissolved? Of course not! Our Gospel passage today reminds us that when we receive Jesus' Body and Blood in Holy Communion, he becomes a part of us, and we are changed to become more like him. Last week, we learned that God's love for us is so great that Christ was willing to die so we might be brought into the family of God. This week, we see that not only do we become a part of God's family through Jesus' death and resurrection, but Jesus went even a step further by providing a way for us to have his Body and Blood poured into us. He wants so much to be a part of us that he gives us himself in this new way. We are blessed to have an opportunity to receive him in Holy Communion.

*Thank you, Jesus, for offering us your Body and Blood so that your life can become our life. Help us to prepare well to receive you in Holy Communion so we will welcome you with a clean heart.*

**What will you say to Jesus after receiving him in Holy Communion today? (For those who have not yet received their First Holy Communion, you can still talk to him in prayer during the communion procession.)**

# Gospel Readings

June 18, 2023

11th Sunday in Ordinary Time

## Gospel Reading: Matthew 9:36-10:8

"Without cost you have received; without cost you are to give."  
— Matthew 10:8

Have you even received advertising mail that contained a quarter or even a dollar? The advertiser usually suggests that you donate the money back to their cause. I wonder how many people do that. I think most people feel that since they didn't ask for the money, and the advertiser chose to give it to them, they don't owe the advertiser anything back.

In today's Gospel, Jesus called his apostles by name and gave them a very important opportunity—not because they did something to earn it, but because he believed they would use the opportunity to help others believe that God loves them. Jesus told them to go out into the world and tell God's people about the kingdom he prepared for them. Even more than telling them, they were to show them how it works in this kingdom of his. How? By taking care of them for free. They cured their illnesses, brought the dead back to life, and drove out evil spirits. Many people came to believe in Jesus because of the generous acts of his apostles.

*Dear Lord, help us to be so generous as to share your love with others, not for what we will get in return but because we want to return what you have given us—your love.*

**What is one thing you can do to help people know that God loves them?**

June 25, 2023

12th Sunday in Ordinary Time

## Gospel Reading: Matthew 10:26-33

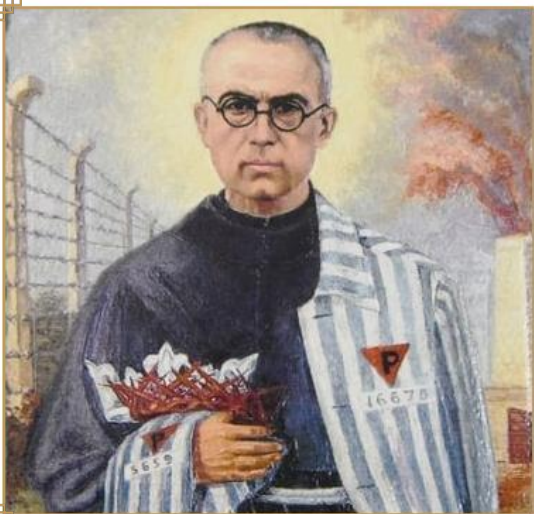
"What I say to you in the darkness, speak in the light; what you hear whispered, proclaim on the housetops." — Matthew 10:27

Have you ever had a dream that seemed so real that when you awoke you thought the events had actually happened? Many times in the Bible we read that God spoke to people in dreams. God can also speak to us in other ways besides dreams. The Gospel today says that God may sometimes speak to us quietly. If we suddenly have a sense that we should or shouldn't do something, God may be prompting us to do the right thing. Or, if we are reading a story and all-of-a-sudden it reminds us of someone who needs our help, God may be asking us to share God's love with that person. The key to hearing God is to listen carefully. We cannot tell others what God has told us if we didn't hear him, can we?

*Lord Jesus, open my eyes so I may see clearly; open my ears so I may hear you and help others to know you.*

**After Mass today, take a few moments together to sit silently and listen. What do you hear? Is it hard not to talk, just to sit quietly? It may take some practice, but it's worth the effort if it helps us to hear God's voice.**

Download this month's [Saint Prayer Card](#) - Saint Maximilian Kolbe



St. Maximilian, amidst the hate and lonely misery of Auschwitz, you brought love into the lives of fellow captives, and sowed the seeds of hope amidst despair. You bore witness to the world, by word and deed, that "only Love creates."

Help me to become more like yourself. With you and Mary and the Church, may I proclaim that "only Love creates." To the hungry and oppressed, the naked and homeless, the scorned and hated, the lonely and despairing, may I proclaim the power of Christ's love, which endures forever and ever. Amen

St. Maximilian Kolbe - Pray for us!

### Sources:

[The Spiritual Works of Mercy](#)

[Sixth Spiritual Work of Mercy: Comfort the Afflicted](#)

[The Fruit of the Holy Spirit: What is Love?](#)

[Saint Maximilian Kolbe](#) Spanish: [San Maximiliano Kolbe](#)

[Story Saint Maximilian Kolbe](#) | [Stories of Saints](#)

[Home Page](#)

# June

Have a great summer!

Arise!  
Pilgrims of Hope Journal

## WEEK ONE

What merciful acts did you witness today?



"All the paths of the Lord are steadfast love and faithfulness, for those who keep his covenant and his decrees." (Psalm 25:10)

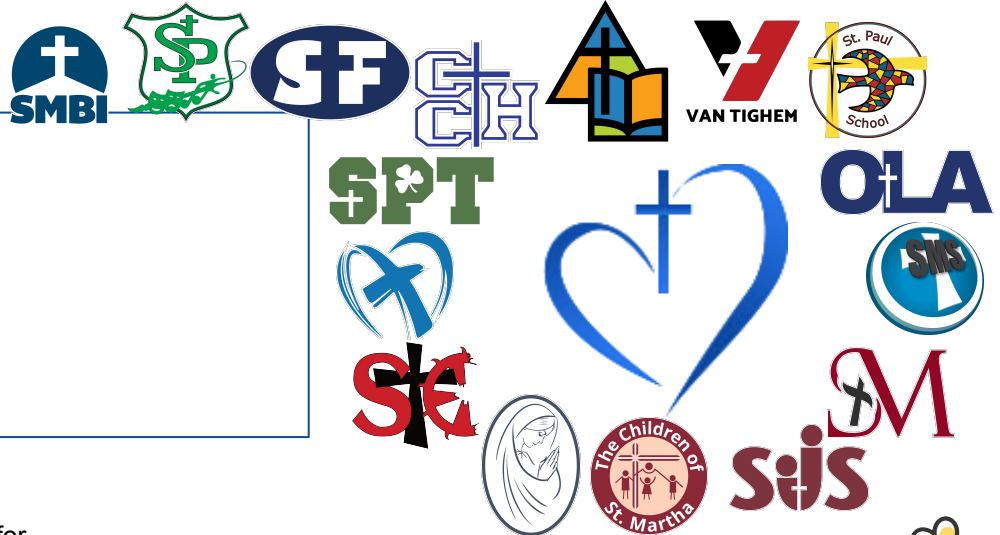
## WEEK TWO

What person do you look up to?



## WEEK THREE

What do you love most about your school?



## WEEK FOUR

I am thankful my friends and family turn to me for...





Holy Spirit Catholic School Division

# Division Family Gathering



**Join us for a time of  
Indigenous games, food, and fun!**

## Catholic Central High

*Taatsikoyis (Centre Tipi)*

East Campus (field)

405-18th Street South

**June 7, 2023**



Prayer 5:00pm



Meal 5:15pm-5:45pm



Indigenous Games 6:00pm-8:00pm

### **“Siksikaitsitapi Familes” Welcome!**

(Please bring your own chair. In case of inclement weather, the event will move indoors to the CCH East Gym.)

For more information, please contact  
Shelley Kirkvold at 403.327.9555



**Itowaahkomstii'oppi**  
“Where We All Gather to Play Games”



# JULY 2023



**Holy Spirit**  
CATHOLIC SCHOOL DIVISION



## MENTAL HEALTH CAPACITY BUILDING SUMMER PROGRAM

MON

TUE

WED

THU

FRI

SAT

To attend the **Monday YMCA Strong Kids** class, you must receive a voucher at the Holy Spirit Tent at the Free Family Outdoor Play Events on Tuesdays and Wednesdays- Spaces limited  
YMCA location: 140-74, Mauretania Rd W, Lethbridge

To attend the **Creative Thursday CASA Art** event, you must receive a voucher at the Holy Spirit Tent at the Free Family Outdoor Play Events on Tuesdays and Wednesdays- Spaces limited.  
CASA location- 230, 8 St S, Lethbridge

2	3 <b>Holiday</b>	4 Free Family Outdoor Play Henderson Lake Park 10 AM - 1 PM	5 Free Family Outdoor Play Henderson Lake Park 3 PM - 6 PM	6 Coaldale Spray Park 11:00 AM-1:00PM  Creative Thursday CASA Art Event *Voucher needed* 6-8PM	7 <b>Mindful Friday</b> No matter where you are in your journey, stop and reflect. This time next year, nothing will be the same.	8
9	10 <b>Movement Monday</b>  YMCA Fit Kids Youth ages 10-15 *Voucher needed* 11AM-12PM	11 Free Family Outdoor Play Wilson Middle School 10 AM - 1 PM	12 Free Family Outdoor Play Wilson Middle School 3 PM - 6 PM	13  Creative Thursday CASA Art Event *Voucher needed* 6-8PM	14 <b>Mindful Friday</b> Change your speed and go with the flow. Slowing down isn't about losing time. It's about gaining time for the things that matter most.	15
16	17 <b>Movement Monday</b>  YMCA Fit Kids Youth ages 10-15 *Voucher needed* 11AM-12PM	18 Free Family Outdoor Play Nicholas Sheran School 10 AM - 1 PM	19 Free Family Outdoor Play Nicholas Sheran School 3 PM - 6 PM	20 <b>FREE Family Swim</b> Pincher Creek Swimming Pool, max 68 people 1 PM - 3 PM 895 Main St, Pincher Creek Creative Thursday CASA Art Event *Voucher needed* 6-8PM	21 <b>Mindful Friday</b> "Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect." Romans 12:2	22
23	24 <b>Movement Monday</b>  YMCA Fit Kids Youth ages 10-15 *Voucher needed* 11AM-12PM	25 Free Family Outdoor Play Lakeview Elementary School 10 AM - 1 PM	26 Free Family Outdoor Play Lakeview Elementary School 3 PM - 6PM	27  Creative Thursday CASA Art Event *Voucher needed* 6-8PM	29 <b>Mindful Friday</b> "In all your ways be mindful of him, and he will make straight your paths." Proverbs 3:6	29





# AUGUST 2023



**Holy Spirit**  
CATHOLIC SCHOOL DIVISION



## MENTAL HEALTH CAPACITY BUILDING SUMMER PROGRAM

	MON	TUE	WED	THU	FRI	SAT
30	31 <b>Movement Monday</b>  YMCA Fit Kids Youth ages 10-15 <i>*Voucher needed*</i> 11AM-12PM	1  Free Family Outdoor Play Senator Buchanan School 10 AM - 1 PM	2  Free Family Outdoor Play Senator Buchanan School 3 PM - 6 PM	3  Creative Thursday CASA Art Event <i>*Voucher needed*</i> 6-8PM	4  <b>Mindful Friday</b> Being your toughest critic is the same as being your worst enemy. Be kind to yourself.	5
6	7  <b>Holiday</b>	8  Free Family Outdoor Play Coalbanks Elementary School 10 AM - 1 PM	9  Free Family Outdoor Play Coalbanks Elementary School 3 PM - 6 PM	10  Creative Thursday CASA Art Event <i>*Voucher needed*</i> 6-8PM	11  <b>Mindful Friday</b> "Trust in the Lord with all your heart, on your own intelligence do not rely." Proverbs 3:5	12
13	14	15	16	17  Taber Aquafun Centre <b>FREE Family Swim</b> 4:00pm-5:00pm 4700 50 St, Taber, AB <u>Max 140 people</u> <i>*Children 8 and under must be accompanied by an adult</i>	18  <b>Mindful Friday</b> Big things often have small beginnings. Celebrate tiny victories.	19
20	21	22	23	24	25	26
27	28	29	30	31		

## What the Indigenous Support Line is

This toll-free phone service connects Indigenous callers with Indigenous listeners.

You can get help by calling: 1-844-944-4744 from noon to 8 p.m., Monday to Friday.

Our Indigenous listeners will answer your questions and help you get culturally appropriate care. They also help guide you on each step of your healthcare journey.

You can call the support line about any health concern.

You never have to make your healthcare journey alone and help is available to find the right service.

## Indigenous Support Line



Call toll-free: 1-844-944-4744  
Open: Noon to 8 p.m., Monday to Friday

### We acknowledge

Alberta Health Services acknowledges our work is carried out on the traditional territory of many Indigenous peoples. They include the Treaty 6, Treaty 7 and Treaty 8 First Nations and the Métis Settlements of Alberta, the Inuit and the Métis Nation of Alberta, Regions 1-6.

We also acknowledge and respect the treaties made on these territories. As well, we acknowledge the traumatic and painful impact of colonization on Indigenous peoples and recognize eliminating racism in healthcare is a crucial step for reconciliation. We are dedicated to a collaborative partnership with Indigenous communities, guided by patience, understanding and a commitment to reconciliation.

## Indigenous Support Line



Healthcare advice for Indigenous peoples from Indigenous listeners





## Who the Indigenous Support Line is for

The support line is for First Nations, Métis and Inuit peoples including youth and Elders, living on or off reserve or a settlement or in cities and towns.

Callers can already be getting care, can be starting care or can have had recent care.

Family members can also call the line with their questions or concerns about a loved one loved one.

## Who answers the calls

Indigenous listeners are healthcare advisors. They answer and assist all callers to the support line. They can also arrange translators for callers.



## Why the Indigenous Support Line was started

Indigenous peoples in Alberta often have trouble trusting the healthcare system.

The Indigenous Support Line is a step towards reconciliation. It is also part of Alberta Health Services' commitment to improving Indigenous peoples' healthcare concerns and experiences.

For more information, email: [indigenuswellnesscore@ahs.ca](mailto:indigenuswellnesscore@ahs.ca) or on our website: [ahs.ca/isl](https://ahs.ca/isl)

## Thanks to the Wisdom Council

Alberta Health Services (AHS) thanks the Wisdom Council for promoting the need for the Indigenous Support Line and working with us to offer this help.

The Indigenous Support Line aims to:

- Help Indigenous peoples receive better, easier and quicker healthcare from AHS
- Better connect Indigenous patients, families and communities to other healthcare support such as local community supports, family doctors, Treaty navigators, Métis community wellness advocates, NIHB and transportation.

We will keep working with the Wisdom Council and our Indigenous partners to ensure the support line's success.

# Ladies' NIGHT

**Friday June 2, 2023**

**6 - 8PM**

Lethbridge BMX Club is hosting a Ladies Night!

All ages welcome

**NO BOYS ALLOWED!**

Invite your "girl" friends, moms, aunts, grandmas, little/big sisters & cousins to come and ride the track. Must sign a waiver and wear proper clothing & gear. We have loaner equipment. Come in pants, long sleeved shirt and closed toed shoes.

**BMX GIRL**  
**(noun)**

**1. Just like a normal girl  
but cooler**

**Ride**  
  
**like a**  
**Girl**





The sport where nobody  
sits on the bench

# LETHBRIDGE BMX

*since 1979*

## FREE TRIALS

loaner equipment available

Stafford Dr. & 7 Ave N.

*behind Lloyd Nolan ball field*

Season runs May to September

[info@lethbridgebmx.com](mailto:info@lethbridgebmx.com)

Facebook: Lethbridgebmx

[www.lethbridgebmx.com](http://www.lethbridgebmx.com)

**Come try BMX Racing**

**Must wear pants, runners and a long  
sleeve shirt. We have everything else  
you need to try.**

**Message us on social media if you have  
questions and to find the schedule.**

# 454 6 Ave North







# LETHBRIDGE BMX

*since 1979*

## FREE TRIALS

---

loaner equipment available

Stafford Dr. & 7 Ave N.

*behind Lloyd Nolan ball field*

Season runs May to September

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Message us on social media if you have  
questions and to find the schedule.

# 454 6 Ave North





# Come TRY it! FEMALE Hockey

Discover what  
**GIRLS**  
**HOCKEY** is all  
about  
in a  
**FUN**  
1 hour  
on-ice session.



**Saturday June 17 @ 1:45 pm**  
**Cavendish Farms Centre**  
**(formerly ATB Centre)**

Registration is **FREE**, participants will need skates, a helmet and stick which can be provided if needed.

Register at: <https://forms.gle/66xH6jTuitKCaKux7>



We have female teams at  
all age levels, in addition  
to our introductory  
*Future Olympian*  
program.



If you have any questions about the event or female hockey,  
please email us at [governor@lethbridgecyclones.com](mailto:governor@lethbridgecyclones.com)