



Upcoming Event Dates:

February 4th - Team Canada Day

February 14th – Red and White day for Valentine's Day

February 17th – Pink Shirt Day

February 21st – NO SCHOOL Family Day

February 21st-25th – NO SCHOOL – Reading week



Principal's Message

February, 2022

Many educators look at the beginning of February as the half-way point through the school year. When I looked at some of my previous years' reflections, I see analogies of the school year to a mountain climb – the first half of the year being the ascent, with the second half the descent. Often the descent, the downhill climb, is perceived as being much easier: routines are well established and students are starting to determine the nuances of their teachers, allowing them to experience more success... Or is it that the teachers are starting to understand the individual needs of their students and are adapting/accommodating instruction and assessment practices accordingly? Perhaps it is a bit of both.

One of the routines that has been taking place since the beginning of the school year is our Wednesday gospel reflection. During this time, all classes are viewing a presentation on the upcoming Sunday gospel and are also given the school's version of a homily while also addressing other items we believe are necessary – at the beginning of the school year, students were introduced/re-introduced to the 7 Habits. Currently, we are looking at 'Wellness'. While the students are viewing these presentations, teachers are afforded the opportunity to meet for collaboration: our Division I teachers meet as a cohort bi-weekly, while our Division II teachers meet on the alternate weeks. During this time, teachers have an opportunity to celebrate student success, identify key issues, and strategize ways that they can intervene to best serve the needs of students. This collaborative model is guided by two main themes: 1. These are all our students, and 2. We need to create a framework that values collaborative, action focused responses, data-informed discussions, and timely support to ensure all students can experience success.

At our most recent meeting, staff was asked to share both their successes and their frustrations. The most common frustration seemed to be around student absenteeism. In light of our current situation, this is definitely something that is out of most people's control. However, as we also shared successes, there was a bit of a disconnect.... It would appear that student absenteeism itself is not the barrier to success. Rather, there seems to be a more direct link to what the child is being asked to do during their absence that either contributes positively or negatively to their overall success. At our Division I meeting, a teacher so profoundly stated that parent support is key! When I asked the teacher to provide an example of how a parent might support their child, a quick example was RAZ Kids – ensuring that your child practices this could pay huge dividends in the end.

And what would a school year be without me at least once referencing, "We are partners in your child's education...!"

While we may be on the descent, there is still a lot of work to be done. We cannot coast to the end, but rather, we need to challenge ourselves to complete this year to the best of our ability. If there is anything the school can do to help in this quest, please do not hesitate to ask.

May God bless you all!

Dan



Message from Mme Bouchard February 2022

It is February! February is fantastic because it means we are getting closer to spring. It is the month of the Holy Family, a month to celebrate friendship and the love of family.

In January, the grade 1DI class shared a wonderful presentation about the Baptism of the Lord. Thank you 1DI.

Throughout February we will celebrate with prayers of blessing during Gospel time. It is lovely to acknowledge our blessings, as when we do so, we can recognize what we can be grateful for. We continue to journey with the saints as we continue on our faith journey as we are Together on the Journey. We will follow Saint Michael as the witness of protection this month. We will continue to talk about ways we can live out our faith, grow in our faith and work towards being committed and accountable. Lent is coming and begins on March 2nd with Ash Wednesday mass. Please mark your calendars as it will be streamed from Assumption parish at 9:00 am. You are more than welcome to join us. More details to come closer to the date.

Through the adversity and change this year, our students have been amazing. Please know that you should be very proud of your child. We would also very much like to **thank you** for your support. May your family stay safe and healthy. We hold you and your family in our prayers.

Let all that you do, be done in love. Corinthians 16:14

Mme Bouchard





Pink Shirt Day

This year we are recognizing Pink Shirt Day on Thursday February 17th. The official date is February 23rd during our Reading week break.

For more information please visit: <https://www.cbc.ca/kidscbc2/the-feed/what-is-pink-shirt-day>

REMINDER:

NO PARKING IN THE PARKING LOT. The Parking lot is for staff.

Kids are not to be dropped off or picking up from the staff parking lot. This is to stop kids from running through the parking lot. Thank you for keeping our students safe.

UPDATE:

With the new Omicron COVID-19 variant we are receiving new information daily. We want to thank you for your patience and ability to adapt daily with the changes made at school and in our community. The one thing we can tell you, as a school and as a community member, is: **if you are sick- stay home. If a child is “a little sick” please keep them home.** This will slow the spread of any illness.

Below is the link for the Alberta Government Webpage.

<https://www.alberta.ca/k-12-learning-during-covid-19.aspx>



MASKS

EVERYONE is required to wear a mask.

Masks were sent home with students at the beginning of January (10/week). The message from the government was that an 8 week supply would be provided to all students and staff. We will patiently wait for these as we know families are too. We thank you for sending your child with a *mask that properly fits them* as this minimizes the number of distractions in a day.

Adults are asked to wear a mask when you enter the building.

If you do not have a mask please wait outside and call the office. We will assist you over the phone and/or send your child out when they check in at the office.

ESM Office phone: 403-327-3098



For more information about our 2021/2022 school year visit our division website at https://www.holyspirit.ab.ca/resources_publications/news/whats_new/updated_guidelines_for_2021_2022

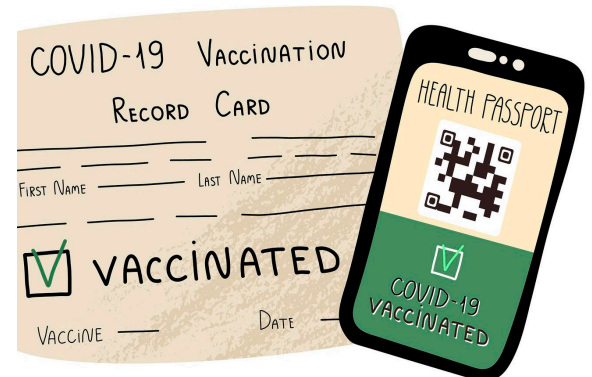
Proof of Vaccine

Holy Spirit Catholic Schools have implemented proof of vaccine for all Visitors. Parent volunteers, contractors, community members, visitors and all person's over 18 are required to show their QR code and have it scanned in the office and then will be allowed to enter the school.

We still remain a **CLOSED Campus.** Proof of vaccine does not mean you can come into the school at any time just to visit. We still require you to book an appt with the office.

If you do not have a mask, please wait outside and call the office, then we can send your child outside to meet you.

ESM Office Phone: 403-327-3098



House Team News:

December winners:

Tie Dye Day – Golden Hawks
Christmas Clothing day – Brown Mustangs
Christmas Character day – Brown Mustangs
Light up Day – Golden Hawks
Ugly Christmas Sweater – Grey Whales
Pajama Day – Blue Sharks

On the last day of December, we had our school wide bingo. Our long list of winners were:
Joey, Nathan, Emmanuel, Aklas, Antonia, Linden, Judah, AJ, Kiera, Zachary, Coen, Camden, Kaden, Amari, Emmett, Matthew, Auto, Isabella, Adriel, Bo, Cadence, Jasper, Venn, Alison, Vayda, Khirra, Austin, Shanville, Stacey, David, Lindsay, Alexis, Ayla, Jullien, Nathan, Peyton, Chanel, Sasha, Levi, Jessi, Niah, Ebrahim

January Winners:

Toque Tuesday – Grey Whales and White Wolves
Faux Fur Day – Green Gators

January's Winner is the White Wolves! Congratulations!

Samaritan Stars:

This year we have chosen to change our Perfect Attendance monthly draw to our "Samaritan Stars" draw instead. In light of the always changing world we live in we don't want to encourage kids to come to school if they are sick just because they can be entered in a draw. Instead, as the students do good deeds and display exemplary actions/attitudes, their fellow classmates can nominate them and put their name in a jar. From here we draw names to win a cheque for \$25.00 which is graciously donated by Ward Bros. Construction. Thank you, Ward Bros., for your continued generosity to our school!

For the month of January our winners were: Ava 1DI and Matthew 2/3P-SI.

TRANSPORTATION:

School buses are provided by Southland Transportation.

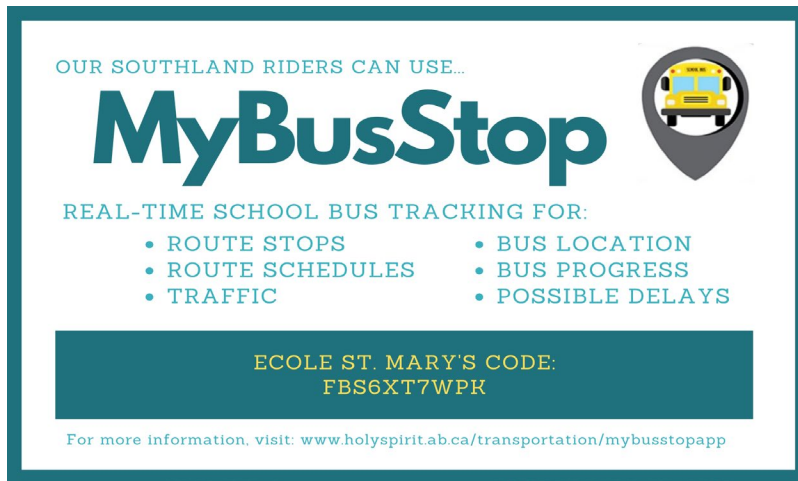
Bus Maps can be found at: <https://www.southland.ca/lethbridge/>

Download the MyBusSchool App.

This is the best way to monitor changes and updates to your child(ren)s bus routes. This is also the best way to check for delays.

For the most up-to-date routes please go to the southland website:

<https://www.southland.ca/lethbridge/>



House Keeping Items:

- ✚ Send a Water Bottle with your student. There are fill stations but no water fountains.
- ✚ If you have moved, please email esmoffice@holyspirit.ab.ca with your address change.
- ✚ Our monthly newsletter is sent out at the beginning of the month and can be found on the website.
- ✚ Closed Campus – Visitors must come to the office with proof of vaccine
- ✚ Call the office if your child will be late or absent for any reason. 403-327-3098

February 2021 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	1	2 Groundhog Day	3	4 Team Canada Day	5
6	7	8	9	10	11	12
13	14 Red and White Day Valentine's Day	15	16	17 Pink Shirt Day	18	19
20	21 Family Day	22	23	24	25	26
NO SCHOOL – Reading Week						
27 1 st week of Lent	28					

March 2022 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Shrove Tuesday	2 9am Ash Wednesday Mass @ ESM	3	4	5
6 2 nd week of Lent	7	8	9	10	11 NO SCHOOL Div. PD Day	12
13 3 rd week of Lent	14 NO SCHOOL Spiritual Dev. Day	15	16	17 St. Patrick's Day	18	19
20 4 th week of Lent	21	22	23	24	25	26
27 5 th week of Lent	28	29	30	31		

February

Together on the Journey



St. Michael

Schools: St. Michael's Pincher Creek
and St. Michael's Bow Island

*"But I am to tell you what is inscribed in the book of truth.
There is no one with me who contends against these princes
except Michael, your prince."*

Daniel 10:21



ST. MICHAEL

This month brings us to a different kind of saint as we turn our attention to the holy archangels. St. Michael is the leader of all angels and of the army of God. This is what the title "Archangel" means, that he is above all the others in rank. St. Michael has four main responsibilities or offices, as we know from scripture and Christian tradition: 1) to fight against Satan, 2) to rescue the souls of the faithful from the Devil, especially at the hour of death, 3) to attend the dying and accompany them to judgment, and 4) to be the champion of God's people; the Israelites under the Old Law, and now the Catholic Church.

Explanation and Hierarchy of the 9 Choirs of Angels

1ST TRIAD - CONTEMPLATE AND ADORE GOD DIRECTLY

SERAPHIM (meaning "the burning ones"). They are attendants at the throne of God. They praise God singing, "Holy Holy Holy is the Lord of Hosts!" - ISAIAH 6:1-7



CHERUBIM (meaning "the fullness of wisdom"). They contemplate God's providence, and are assigned to protect special places. - EXODUS 25:18-21; EZEKIEL 10:14; REVELATIONS 4-6

THRONES represent the steadfastness of the love of God. They contemplate God's love and judgment, and they appear as the most unlike the others when revealed. - EZEKIEL 10:17; COLOSSIANS 1:16; DANIEL 7:9



2ND TRIAD - FULFILL GOD'S PLAN IN THE UNIVERSE



DOMINIONS are lord over the lower choirs and humanity. They take illumination from the higher hierarchies and govern the universe. - EPHESIANS 1:21; COLOSSIANS 1:16

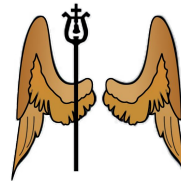
VIRTUES run the operation of movement in the universe. They are often associated with planets, elements, seasons, and nature. - EPHESIANS 1:21



POWERS assist in governing the natural order. They are warrior angels tasked with fighting the war against the demonic choirs. - EPHESIANS 3:10; 6:12

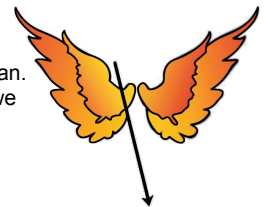


3RD TRIAD - INTERACT AND SERVE HUMANITY CLOSELY

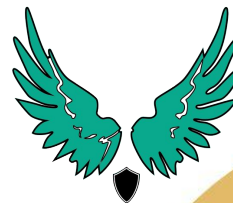


PRINCIPALITIES are of the lowest triad, assigned to care and guard communities, kingdoms, states, and parishes. They are associated with transitions in power. - EPHESIANS 1:21; 3:10

ARCHANGELS are leader angels assigned to communicate and carry out God's important plans for man. Michael, Gabriel, and Rafael are the only three names we know. - JUDE 9; 1 THESSALONIANS 4:16; TOB



ANGELS are closest to the material world and humanity. The lowest choir is where we get the majority of our personal guardian angels. - MATTHEW 18:10; LUKE 22:43; HEBREWS 13:2



*"For he will command
his angels concerning you
to guard you in all your ways."*

- Psalm 91:11

February

Together on the Journey



St. Michael

Schools: St. Michael's Pincher Creek
and St. Michael's Bow Island

Feast Days and Celebrations February 2022

- 8 International Day of Prayer and Awareness
Against Human Trafficking
- 11 World Day of Prayer for the Sick
- 14 Valentine's Day



As you journey with St. Michael this month...

WEEK ONE

It's easy to find ourselves afraid of demons, but there is great comfort in knowing that there are twice as many holy angels as there are demons. Take a moment to pray this prayer to St. Michael. (The [St. Michael Prayer](#) was instituted by Pope Leo XIII after a vision.)

St. Michael the Archangel, defend us in battle.
Be our defense against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray, and do thou, O Prince of the
heavenly hosts, by the power of God, thrust into hell Satan,
and all the evil spirits, who prowl about the world seeking the ruin of souls.
Amen.

WEEK TWO

In Revelation 12:7-9, Lucifer's pride is contrasted with St. Michael's humility, resulting in Lucifer being cast down to the earth. Pray the [Litany of Humility](#), a contemporary version of the prayer by Servant of God Raphael Cardinal Merry del Val, secretary of state to Pope St. Pius X. What does it mean to be humble?

God opposes the proud, but gives grace to the humble. – James 4:6b

WEEK FOUR

When we sing in church, we are singing in union with the angels, giving to God the praise that is His due. Do you have a favourite hymn or spiritual song that you like to sing, and why is it your favourite?

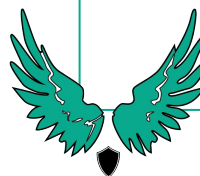
Source: *Daily Lessons from the Saints* by Fr. Brice Higginbotham

WEEK THREE

God loves you so much that He employs these powerful spiritual beings to care for, protect, and guide you. Say this prayer today, giving glory to the Holy Trinity for sending us such great helpers:

*"Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen."*

Use the space below to write or draw a picture of what it means to you to feel protected by God's holy angels.



Sunday Gospel Readings

Feb. 6th/5th Sunday in Ordinary Time
Luke 5:1-11

Feb. 13th/6th Sunday in Ordinary Time
Luke 6:17, 20-26

Feb. 20th/7th Sunday in Ordinary Time
Luke 6: 27-38

Feb. 27th/8th Sunday in Ordinary Time
Luke 6:39-45

Building Community Connections



As the new year begins, many of us find ourselves taking stock of where we have come from in order to chart the course for 2022. While we find ourselves facing disruptions again, perhaps we find solace in the fact that 'we have been here before' and are well equipped to continue moving forward through the discomfort to see it through. We know that challenges can be difficult and hope that through our Community Connections Newsletter you are able to find the connecting threads that tie everything together, providing you with an awareness of what is available to access in our communities and surrounding area. If you would like to submit information for

Building Community Connections, please email hssupportservices@holyspirit.ab.ca



Come discover the [wild side of Lethbridge!](#) Open year-round, the Nature Centre is a unique urban escape within minutes of downtown. Check out their Kid's Programs, Exhibits, Parks & Trails and Volunteering opportunities.

Community LINKS

Your Information and Referral Source

With governments and social agencies merging, sometimes it is confusing to find where to go to access services, events or information about Southwestern Alberta.

[Community LINKS](#) is operated by the Canadian Mental Health Association, Alberta South Region and is located at the Lethbridge Public Library downtown branch with staff on site during peak library hours.



Henderson Lake Park Run

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate, it's up to you! Every Saturday @ 9:00am.



The Lethbridge Food Bank's

goal is to ensure healthy food is provided to children and youth to enhance their future as well as their emotional and physical well-being. More information found [here](#).



Community supports available in your local area such as Counseling, Family Resources Network and Indigenous Services. Check out your local [FCSS](#) to see what is being offered.



The [Lethbridge Public Library](#) is excited to announce that the library will continue to offer Library memberships at no fee throughout 2022.



Winter Program Guide

The Family Centre Winter 2022 Program Guide is now ready and registrations will open beginning December 6th. You can check out the program calendar and filter the calendar by location by choosing Family Centre Downtown, Family Centre North or Family Centre West.



Shake off the winter blues

YQL WinterFest 2022!

January 14-19, 2022. Bundle up the family and head downtown.



24-Hour Crisis Line: 1-866-296-0447

The donated second-hand items we receive are shared between our clients, our residents, and community members in need who access our services through

YWCA Outreach programs.

Second-hand donations fill in the gaps!



Community and Social Services

provides supports for families and communities, and helps Albertans access disability services, financial supports, services for the homeless, and other social-based programs.



[ABC Life Literacy Canada](#) is a non-profit organization that aims to strengthen organizations that promote adult learning.



[Roving Gyms](#) are free, inclusive, play spaces for children five and under and their parents or caregivers. The Roving Gyms program nurtures physical literacy, the love of movement, and provides an environment for families to connect. Come and enjoy free play with a purpose.

Recreation and Culture Fee Assistance Program

The [City of Lethbridge](#) offers a Fee Assistance program for residents who face financial barriers to participating in recreational and cultural opportunities.



[Interfaith Food Bank](#) caters to those in a variety of situations ranging from single-parenthood, to seniors on fixed incomes, to the unemployed, or to those with other social or economic barriers.



MyHealth.Alberta.ca

Many people are affected by mental health issues such as depression or panic disorders. But you're not alone. Talking with others who suffer from these issues may help.

Get the information you need



[Building Brains Together](#) (BBT) builds adult capabilities to improve brain development and executive functions in children through research and education.

YOUTH DROP-IN!

MONDAY	TUESDAY
AGES: 11-14	AGES: 14-18
6:30pm-9:00pm	6:30pm-9:00pm

FREE DROP-IN CENTRE FOR ALL YOUTH IN THE COMMUNITY!

SNACKS, GIVEAWAYS, VIDEO GAMES, PHYSICAL ACTIVITY, TABLE TOP GAMES, LEADERSHIP ACTIVITIES, MENTORS AND SO MUCH MORE!

January					
3	no programming	10	11-14 6:30 - 9:00	17	11-14 6:30 - 9:00
4	14-18 6:30 - 9:00	11	14-18 6:30 - 9:00	18	14-18 6:30 - 9:00
5	14-18 6:30 - 9:00	12	14-18 6:30 - 9:00	19	14-18 6:30 - 9:00
6	14-18 6:30 - 9:00	13	14-18 6:30 - 9:00	20	14-18 6:30 - 9:00
7	14-18 6:30 - 9:00	14	14-18 6:30 - 9:00	21	14-18 6:30 - 9:00
8	14-18 6:30 - 9:00	15	14-18 6:30 - 9:00	22	14-18 6:30 - 9:00
9	14-18 6:30 - 9:00	16	14-18 6:30 - 9:00	23	14-18 6:30 - 9:00
10	14-18 6:30 - 9:00	17	14-18 6:30 - 9:00	24	14-18 6:30 - 9:00
11	14-18 6:30 - 9:00	18	14-18 6:30 - 9:00	25	14-18 6:30 - 9:00
12	14-18 6:30 - 9:00	19	14-18 6:30 - 9:00	26	14-18 6:30 - 9:00
13	14-18 6:30 - 9:00	20	14-18 6:30 - 9:00	27	14-18 6:30 - 9:00
14	14-18 6:30 - 9:00	21	14-18 6:30 - 9:00	28	14-18 6:30 - 9:00
15	14-18 6:30 - 9:00	22	14-18 6:30 - 9:00	29	14-18 6:30 - 9:00
16	14-18 6:30 - 9:00	23	14-18 6:30 - 9:00	30	14-18 6:30 - 9:00
17	14-18 6:30 - 9:00	24	14-18 6:30 - 9:00	31	14-18 6:30 - 9:00

Active Lethbridge

PROMOTING ACTIVE LIVING IN LETHBRIDGE

The [Active Lethbridge](#) initiative is a product of the efforts of the Healthy Communities Association of Lethbridge and Area (HCALA).



Mental Health Help Line

1-877-303-2642 (Toll free)

The Mental Help Line is a 24/7 confidential service that provides support, information and referrals to Albertans experiencing mental health concerns.



Pincher Creek Women's Shelter- Crisis Line:

1-888-354-4868
Office: 403-627-2114

<https://pcshelter.ca/>

YWCA Harbour House (women, children)

Phone: 403-320-1881
Toll free: 1-866-296-0447

Lethbridge Shelter & Resource Centre

Phone: 403-327-1031

Wood's Homes

Phone: 403-317-1777

Safe Haven Women's Emergency Shelter

Taber, AB
Crisis Line: (403) 223-0483
Reach out, Connect, Let us help You

Healing starts with Believing
Here for all genders and all ages throughout Southwestern Alberta

403-694-1094 / 1-(844)-576-2512
502-740 4 Ave South

#IBelieveYou #UHaveThePower

Sexual Assault is a Criminal Act
It is NOT Your Fault

Whenever you need to talk, we're open.

Text 688868
KidsHelpPhone.ca
Call 1-800-668-6868
Message at Facebook.com/CrisisTextLinepoweredbyKidsHelpPhone

Kids Help Phone



Looking forward to a new year with ...

Holy Spirit Catholic School Division

2022/2023 REGISTRATION

Re-Registration Starts January 17, 2022

Families who already have students in our system should expect an email during the week of January 17-21, 2022 asking that the online "Registration Update Form" be completed for each child who will be attending during the 2022/2023 school year.

This update allows us to make sure the information on file is accurate and that any legal declarations, preferences and consents are renewed. It also allows our schools to plan for the upcoming school year.

Parents/guardians who are hoping to register younger siblings new to the division will also have the opportunity to do this at the same time that they re-register older students.

New Student Registration Starts February 1, 2022

Students new to the division who wish to enroll for the 2022/2023 school year are invited to register online starting on February 1, 2022.

- Our **Early Learning Program** is designed to stimulate the growing curiosity of children 3 and 4 years of age.
- Our **Kindergarten** is designed for children 5 years of age on, or before, December 31, 2022.

For information about our Early Learning and Kindergarten Programs, or to discuss your child's specialized programming requirements, contact our Early Learning Coordinator at 403-381-8495 or earlylearning@holyspirit.ab.ca.

For More Information

If you need assistance with the online registration process, or have any questions, contact your child's school or visit the school division's website at www.holyspirit.ab.ca.



Holy Spirit Catholic School Division

...where students are cherished and achieve their potential.


Registration is now open for the 2022/2023 School Year


If you are having trouble accessing the form/filling it out or cannot remember your password - please contact the school office at 403-327-3098. Learning a new system has its challenges, but we are here to help!


- Your **first step** will be to go to our website and click on the  symbol at the top right - This is the PowerSchool Parent Portal.


- Next, look on the left hand side in the Navigation bar. Click on SchoolEngage.

Navigation


 Grades and Attendance


 Grade History


 Attendance History


 Email Notification


 Teacher Comments


 School Bulletin

 Class Registration


 My Schedule

 School Information

 Account Preferences

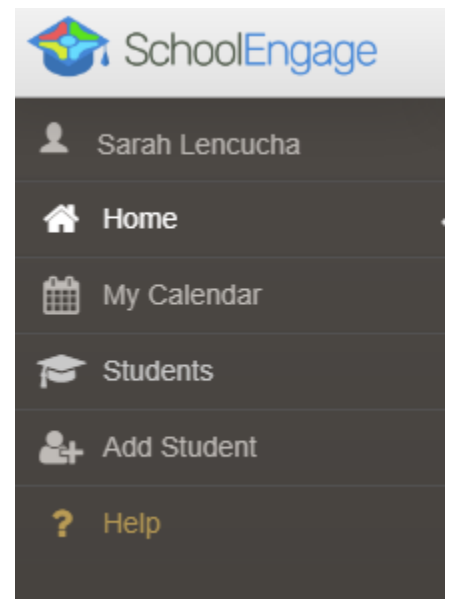
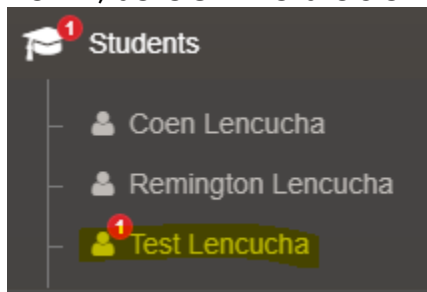
 SchoolMessenger

 Report Card

 SchoolEngage

- Once you are in SchoolEngage you will want to look at the left hand side and click on Students. This will show your Students already enrolled within the Holy Spirit Catholic School Division. If you need to add another student click on Add Student.





- To access the Registration Update Form, select the students name.



- Once you have selected the student you will see on the right hand side that there is a form that requires attention - **please make sure this form says 2022-2023**. Please click on the blue square to the right of the created date. Then complete the Form.

This registration form should be completed by parents/guardians of grades K - 12 students new to Holy Spirit Roman Catholic Separate School Division.

Edit or Submit Incomplete Forms **1**

	CREATED	STATUS		
	02/23/2021 08:59 AM	NEW	