

IMPORTANT REMINDER

Upcoming Event Dates:

Sept 1st – First Day of school

Sept 6th – NO SCHOOL

Labour Day

Sept 13th – First day for K and ELP

Sept 15th – Picture Day

Sept 29th – Orange Shirt Day

Sept 30th – NO SCHOOL National
Day for Truth and reconciliation



Principal's Message:

September 2021

Welcome all to our community, our family! Whether you are returning to our school or are brand new, I am hoping that you will feel very welcomed. I am also hoping that you will feel confident with the measures we are providing to ensure the safety of all, while maintaining our high standard of education.

Our Division announced its re-entry plan; in case you didn't see it, please follow this link:

https://p10cdn4static.sharpschool.com/UserFiles/Servers/Server_20670192/File/COVID%202019/RE-Entry/Holy%20Spirit%20Guidelines%20for%20Maintaining%20Safe%20and%20Healthy%20Schools%20-%20Covid%2019%202021%202022%20UPDATE.pdf

While we are unable to mandate the wearing of masks, we will be strongly encouraging everyone in the building to wear one. You will also note that we have continued to enhance cleaning protocols. From a school perspective, we have also adopted the attitude that we are going to start conservatively: we will still have students entering and exiting from a zone-specific door, we have changed the recess and lunch times to lessen the amount of interaction, and have decided that we will still designate a specific playing area for each of the grades when they are outside. Teachers will remain in the classroom while their students eat, and we have designated times for nutrition breaks and clean-up. Unfortunately, we will once again have to cancel our Welcome Back BBQ - we are hoping that we can offer some formal gathering later in the school year.

As has become tradition, I use the first newsletter to share with our community changes to our staff. Unfortunately, we were told at the end of last school year that we were going to incur a reduction to our teaching staff. While we had to say goodbye to Miss Ashley Hogue, who held a half-time position with us, I can share with all that she secured a full-time position at Saint Teresa of Calcutta. I want to wish her all the best in her new position. I also want to welcome new to our staff Miss Samantha Wagner, who will be serving as a 28-hour per week Educational Assistant, and Mrs. Val Walcheske who is the new speech language assistant in our Early Learning program.

Our Division enters its third year of the three-year Faith Plan. As a reminder, the overall theme of our plan is "Making Our Mark – Journey of an Intentional Disciple". This year's theme is "Together on the Journey". During this third year, there will be two calls to action: 1. 'Be Committed', and 2. 'Be Accountable'. We are very excited for this new plan and are hoping that students will be able to share in the excitement as well.

Thank you for choosing Ecole St. Mary as partners in your child's education. We look forward to working with you as the year progresses to ensure a successful year.

God bless!

Dan Monaghan



Mr. Monaghan

Mme Bouchard September Newsletter Message 2021

Dear ESM family, welcome back! I pray that you had a restful and joyful summer.

We have so much in store this year. We are beginning year three of our Faith theme Making our Mark: Journey of an Intentional Disciple. Last year our calls to Action were: be grateful, be gracious. This year, our overarching theme is Together on the Journey. We walk together, we will grow together, we rely on one another as we continue on our faith journey. Our calls to action are be committed and be accountable. We will work on growing our faith. We will continue to reflect on being prayerful, being grateful and now work toward being committed.

We will begin the year planning conservatively for our students to ensure their safety. As such, we will have our opening mass at ESM in the gym on September 23rd, 2021. Father Kevin will celebrate mass with us. This year we remain a closed campus due to Covid, so at this time we cannot welcome parents for our celebrations. We look forward to the day we can celebrate together which will hopefully be soon!

Each class will also host a religious celebration this year. We will continue to share the upcoming Sunday Gospel with students each week. We will continue to learn about our faith, guided by our faith theme. We are really excited about this year.

May God Bless you, and keep you.

Growth in holiness is a journey in community, side by side with others... Living or working alongside others is surely a path of spiritual growth.

Pope Francis - Gaudete et Exsultate #141



ZONE DOORS:

Zone 1 – Entrance by the Office

this will include the classes: 1KI 1DI 2MI 3DI 5BI

Zone 2 – Entrance by the new park near the kindergarten classrooms

this will include the classes: 1RE 3ME 4NE 4CI 6RE

Zone 3 – Entrance by the gym on the north side of the school

this will include the classes: 2/3P-SI 2GE 4/5GI 5SE 6MI



School Starts at 8:10am. Students are to enter through their zone doors and go straight to their classroom. The doors will open at 7:45, we ask the kids come into school when they arrive and not play on the park to keep with their cohorts the best they can.

Late?

Late students must come through the zone 1 office doors and check in at the office. Remind your children to come INTO the office and speak to an adult, not just walk by. If your child forgets to check in at the office they will be marked absent and you will receive a call from the automatic system

Absent child?

If you know your child is going to be absent for any reason please call the school at 403-327-3098 or email us at esmoffice@holyspirit.ab.ca

Sick kids?

Please keep your sick child at home. We are in an ever-changing world with this pandemic and the best thing we can do is to stay home if we are sick. The school is still required to send kids home if they are not feeling well.

Please go over the [covid self-checklist](#) every morning. (hard copies attached at the end of newsletter)

COVID-19 is still here

We remain as a CLOSED Campus.

Please call the school before you arrive. 403-327-3098

MASKS

All visitors, parents guardians, are required to wear a mask entering the school as we are a “private place of business” to keep all of our students and staff safe.

Students are encouraged to wear a mask. It is up to you as parents to decide what is best for your child.

For more information about our 2021/2022 school year visit our division website at

https://www.holyspirit.ab.ca/resources_publications/news/whats_new/updated_guidelines_for_2021_2022

TRANSPORTATION:

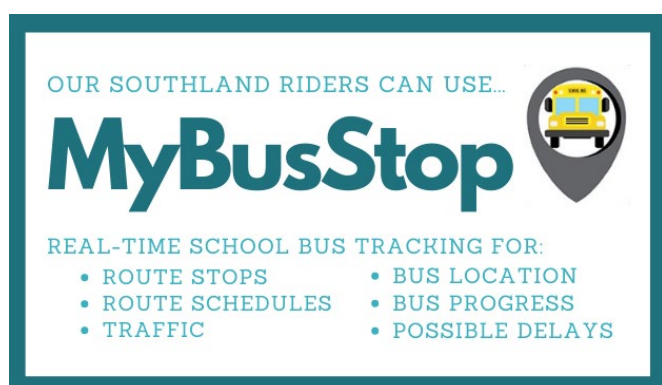
School buses are provided by Southland Transportation. If you haven't done so already, please fill out your Transportation Registration form for your students. If you do not complete this form your child(ren) will NOT be permitted on the bus! This can be found through your parent power school account, under school engage.

Bus passes will be handed out to students at school. As well the bus driver will have a list of their riders.

Bus Maps can be found at: <https://www.southland.ca/lethbridge/>

Bus times are between 7:30am-8:30am and 2pm-3:30pm **Please DO NOT PARK IN THE BUS ZONE.**

The Parking lot is for Staff only.



Reminder to use the "MyBusSchoolApp" for information about bus location, routes, schedules, and delays. If you haven't received the email with the ESM School code, please contact the school.

BELL TIMES:

Monday – Thursday

7:45am Doors Open

8:10am First Bell

3:10pm – Dismissal Bell

Friday

7:45am Doors Open

8:10am First Bell

12:45pm – Dismissal Bell

French Kindergarten:	English Kindergarten:
Monday – Thursday	Monday – Thursday
8:10 – 11:20am	12:00-3:10pm
No K on Fridays	No K on Fridays

There will be no supervision after school so please inform the office if you are going to be late.

House Keeping Items:

- ✚ Send a Water Bottle with your student. There are fill stations but no water fountains.
- ✚ If you moved over the summer please email esmoffice@holyspirit.ab.ca with your address change.
- ✚ Our monthly newsletter is sent out at the beginning of the month and can be found on the website.
- ✚ Medication forms – will be sent home during the first week of school with students who the office is aware of from last year. If you are new to the school please contact the office and request these forms. They can also be found on the division website.

September 2021 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 FIRST DAY for SCHOOL	2	3	4
5	6 NO SCHOOL Labour Day	7	8	9	10	11
12	13 FIRST DAY for K & ELP	14	15 PICTURE DAY 	16	17	18
19	20	21	22	23 Opening Mass	24	25
26	27	28	29 Orange Shirt Day	30 NO SCHOOL National Day for Truth and Reconciliation		

October 2021 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8 Thanksgiving Celebration	9
10	11 NO SCHOOL Thanksgiving	12 NO SCHOOL PD Day	13	14	15	16
17	18	19	20	21	22	23
24	25 NO SCHOOL Division PD Day	26	27	28	29	30

September

Together on the Journey



School: St. Teresa of Calcutta



ST. TERESA OF CALCUTTA

Born Anjeze Gonxhe (in English, "Agnes Little Flower") Bojaxhiu in what is now called North Macedonia, Agnes was fascinated by stories of saintly missionaries. By age 12, she was convinced she should give her life completely to Jesus as a nun. After many spiritual conversations with her mother and her priest, who guided her in this discernment, Agnes left home at 18 years old to join the Sisters of Loreto, where she took the name Teresa. Soon she was sent to Ireland for her formation as a nun and as a missionary. She later left the convent to devote herself to caring for the sick and poor, a ministry she selflessly continued until her death in 1997.

THE CORPORAL WORKS OF MERCY



THE CORPORAL WORKS OF MERCY

We do not perform good works in order to please God. We do not do good works in order to earn grace or salvation. We do good works because God is love and we yearn to live in God. By sharing love with others, we encounter the living God. The Catholic Church identifies for us various works of mercy - the Corporal Works of Mercy and the Spiritual Works of Mercy. The Corporal Works of Mercy can be traced to the Parable of the Last Judgment in Matthew 25. These works are kind acts by which we help our neighbours with their everyday material and physical needs. The following are some suggestions for how we can practice these in our everyday lives.

1 & 2 Feeding the Hungry/Give Drink to the Thirsty - Support and volunteer for food pantries, soup kitchens, and agencies that feed the hungry and give drink to the thirsty; make a few sandwiches to hand out as you walk through areas of your city or town where you may encounter people who are in need of food.

3 Clothe the Naked - Go through your drawers and closets and find good condition clothes to donate to agencies that accept clothing; participate in clothing drives in your community.

4 Shelter the Homeless - Help neighbours to care for their homes and do repairs; support and/or volunteer at a homeless shelter; support and/or volunteer for Catholic Charities initiatives, Habitat for Humanity etc.

5 Visit the Sick - Spend quality time with those who are sick or homebound; take the time to call, send a card, or an email to someone who is sick.

6 Visit the Imprisoned - Support and/or participate in ministries to those who are incarcerated; support programs sponsored by agencies that advocate on behalf of those who are unjustly imprisoned. Visit people "imprisoned" by loneliness, sickness, or old age.

7 Bury the Dead - Be faithful about attending wakes/visitation; support or volunteer at a hospice; participate in a bereavement ministry; spend time with widows and widowers; take friends and relatives to visit the cemetery; support ministries that offer free Christian burials to people unable to afford time.

RESOURCES

[Lukas Storyteller: Mother Teresa](#) (FORMED video)

[Mother Teresa: Seeing the Face of Jesus](#) (FORMED video)

[Saint Teresa of Calcutta](#) by Dr. Tim Gray & Dr. Mark Giszczak (FORMED video)

"Be faithful in small things because it is in them that your strength lies."

- St. Teresa of Calcutta

September

Together on the Journey

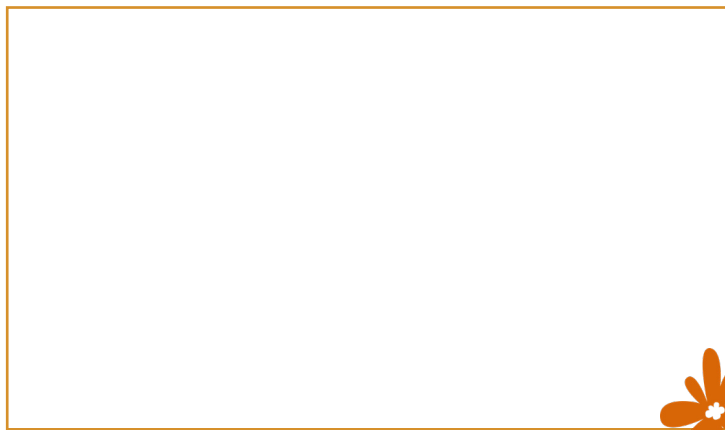


School: St. Teresa of Calcutta



WEEK TWO

How can you go out of your way to share in the experiences of someone else, especially someone different from you who might be struggling.



WEEK FOUR

St. Teresa loved to say, 'Perhaps I don't speak their language, but I can smile.' Who do you want to share a smile with today?



Feast Days and Celebrations September 2021

- 1 World Day of Prayer for the Care of Creation
- 5 Feast of St. Teresa of Calcutta
- 15 Memorial of Our Lady of Sorrows
- 29 Feast of St. Michael

As you journey with St. Teresa this month...

WEEK ONE

Agnes's (St. Teresa's) mother remembered the words of Jesus and encouraged her daughter to be totally devoted to Him. Write a prayer asking God to help you to be totally devoted to Jesus.



WEEK THREE

St. Teresa's energy and conviction came from her daily visits to Jesus in the Blessed Sacrament. Write a prayer asking for the grace to show God's love to the people you encounter.



Sunday Gospel Readings

Sept. 5/23rd Sunday in Ordinary Time
Mark 7:31-37

Sept. 12/24th Sunday in Ordinary Time
Mark 8:27-35

Sept. 19/25th Sunday in Ordinary Time
Mark 9:30-37

Sept. 26/26th Sunday in Ordinary Time
Mark 9:38-43, 45, 47-48





GROWING IN FAITH GROWING IN CHRIST

Our School uses the *Growing in Faith, Growing in Christ* program for Religious Education!

Growing in Faith, Growing in Christ features a Student-Home Website with videos, songs, bible stories, prayers, interactive activities and more – all designed for students and families to explore their faith together.

Log in at:

www.pearsoncanada.ca/growinginfaith/student-home

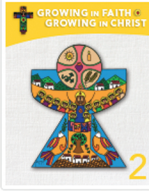
Grades: 1-8 available!

Username: holyspirit99

Password: Student99

**GROWING IN FAITH
GROWING IN CHRIST**

Welcome to Your Student Website!

 Grade 1 Sign In	 Grade 2 Sign In	 Grade 3 Sign In
 Grade 4 Sign In	 Grade 5 Sign In	 Grade 6 Sign In
 Grade 7 Sign In	 Grade 8 Sign In	

**Grades 1-8
NOW
AVAILABLE!**



Welcome to All Saints Parish Registration for First Reconciliation Grade 2 and up

Registration packages will be distributed from the schools and completed forms can be dropped off at the schools. Fees will be collected at the first workshop or may be dropped off at All Saints Parish Office.

Registration forms available on line at: www.allsaintslethbridge.org

"For if you forgive other people when they sin against you, your heavenly Father will also forgive you."
Matthew 6:14

Has your child missed a sacrament?

How can we help your family on your faith journey.

If you are looking for answers please call

All Saints Parish Office at 403-327-8931 and ask for Cyndi



Welcome to All Saints Parish Registration for First Eucharist Grade 2 and up

Registration packages will be distributed from the schools and completed forms can be dropped off at the schools. Fees will be collected at the first workshop or may be dropped off at All Saints Parish Office.

Registration forms available on line at: www.allsaintslethbridge.org

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty"

John 6:35

Welcome To All Saints Parish Registration for Confirmation Grade 6 and up

Registration packages will be distributed from the schools and completed forms can be dropped off at the schools. Fees will be collected at the first workshop or may be dropped off at All Saints Parish Office.

Registration forms available on line at: www.allsaintslethbridge.org

"Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love."



Welcome to All Saints Parish Registration for Baptism

Does your child need Baptism? We can help you. Baptism preparation classes are held once a month at Assumption Parish Hall. Please call the office for more details.

Registration forms available on line at: www.allsaintslethbridge.org

"Whoever believes and is baptised will be saved....."

Mark 16:16





Sacramental Preparation Registration

(Please Print)

CHILD'S FULL NAME: _____ ☐ Male ☐ Female
Last Name Given Names

Home Address: _____
Street Address Town/City Province Postal Code

Date and Place of Birth: _____
mm/dd/yyyy Town/City Province

Does your child have any special learning or health problems that we need to know about? ☐ Yes ☐ No
If yes, please explain: _____

We **MUST** have a copy of your child's **Baptismal Certificate**.

Name of the Church You Attend: ☐ All Saints ☐ St. Martha's ☐ Other: _____

Date, Church and City of child's baptism: _____

Name of Child's School: _____ Grade: _____

FATHER'S FULL NAME: _____
Last Name Given Names Religion

Home Phone: _____ Cell Phone: _____ Work Phone: _____

E-Mail Address: _____ Date of Birth (mm/dd/yyyy): _____

Home Address: _____
(if different from child's) Street Address Town/City Province Postal Code

MOTHER'S FULL NAME: _____
Present Last Name Maiden Name Given Names Religion

Home Phone: _____ Cell Phone: _____ Work Phone: _____

E-Mail Address: _____ Date of Birth (mm/dd/yyyy): _____

Home Address: _____
(if different from child's) Street Address Town/City Province Postal Code

Contact person: ☐ Mother ☐ Father ☐ Both

Contact person other than parents:

Name: _____ Phone # _____

May we have your permission to share your child's name as a candidate for Sacraments in our parish bulletin, to prayer partners and school newsletters? ☐ Yes ☐ No

May we have your permission to use your email address to communicate Sacramental Preparation Information with you (your email will not be used for any other purpose and will not be shared with any other person or place)? ☐ Yes ☐ No

Signature of Parent/Guardian

Date

- ☐ First Communion
- ☐ First Reconciliation
- ☐ Confirmation

Please select the sacrament from the list above

*The fee of \$25.00 covers the expenses of material used in the preparation process.
NB If you are unable to afford this fee it will be waived.*



NOTICE TO PARENT OR GUARDIAN OF RELIGIOUS PERMEATION

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.



FAIR NOTICE LETTER

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Risk Threat Assessment Protocol (VTRA) helps principals take further steps to protect the well-being of students and staff. The protocol helps schools respond quickly to threatening incidents such as: possession of a weapon or a replica weapon, bomb threats or plans, verbal, written or electronic (internet, text) threats to kill or injure oneself or others or other threats of violence, fire setting.

The Southwest Alberta Regional VTRA Protocol outlines how a school responds immediately to threatening behavior. Principals may first bring together a School Threat Assessment Team, which ideally includes the principal / associate principal, a school based counsellor / jurisdictional lead and police of jurisdiction. If the situation is serious the principal may also consult the Superintendent of Schools and call in members of the Community Threat Assessment Team. This community team may include representatives of community agencies who work with us to keep our schools safer such as, but not limited to, local police, children's mental health organizations or Child and Family Services. Parents / guardians will be notified as soon as possible in the Stage I - VTRA Process. If parents / guardians cannot be reached, but a concern for safety still exists due to threatening behavior, the threat assessment may still proceed. Personal information shared throughout this process will respect and balance each individual's right to privacy with the need to ensure the safety of all.

This letter complies with procedure 2 of *Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol*, which states that parents / guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at www.holyspirit.ab.ca.

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V-TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely,
Ken Sampson, Superintendent of Schools



GRADE 3 STUDENT LEARNING ASSESSMENTS

Alberta Education is once again providing the opportunity for school divisions in the province to administer the Grade 3 Student Learning Assessments (SLAs). The SLAs are a digitally based provincial assessment that provides a beginning of the year “check in” based on outcomes related to literacy and numeracy. This assessment allows teachers and parents/guardians to learn about and identify student strengths and areas for growth early in the school year.

Holy Spirit School Division believes that continued participation in the SLAs will provide teachers yet another opportunity to get to know their students, use the results to help plan for instruction, and engage in collaborative professional development opportunities that will benefit student learning.

For more information about the Grade 3 SLAs, visit the government website at:

<https://www.alberta.ca/student-learning-assessments.aspx>



GROWING IN FAITH GROWING IN CHRIST

Our School uses the *Growing in Faith, Growing in Christ* program for Religious Education!

Growing in Faith, Growing in Christ features a Student-Home Website with videos, songs, bible stories, prayers, interactive activities and more – all designed for students and families to explore their faith together.


Log in at:

www.pearsoncanada.ca/growinginfaith/student-home








Grades: 1-7 available!

Username: holyspirit99

Password: Student99

**GROWING IN FAITH
GROWING IN CHRIST**

Welcome to Your Student Website!

 Grade 1 Sign In	 Grade 2 Sign In	 Grade 3 Sign In
 Grade 4 Sign In	 Grade 5 Sign In	 Grade 6 Sign In
 Grade 7 Sign In		

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support Albertans in protecting others and reducing the risk of transmission of COVID-19. Adults 18 years and older can complete this checklist every day to self-monitor for symptoms of COVID-19.

If you have traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

Screening Questions for Adults 18 Years and Older:

1.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
• Conjunctivitis (commonly known as pink eye)	YES	NO	
If you answered "YES" to any symptom: <ul style="list-style-type: none"> Stay home. Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. Individuals with fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell are required to isolate for 10 days as per CMOH Order 39-2021 OR receive a negative COVID-19 test and feel better before returning to activities. 			
If you answered "NO": <ul style="list-style-type: none"> You may attend work, school, and/or other activities. 			

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

Screening Questions for Children under 18:

1.	Does the child have any new onset (or worsening) of the following core symptoms:		
	Fever Temperature of 38 degrees Celsius or higher	YES	NO
	Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	Shortness of breath Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
<p>If the child answered “YES” to any symptom in question 1:</p> <ul style="list-style-type: none"> The child is required to isolate for 10 days from onset of symptoms as per CMOH Order 39-2021 OR receive a negative COVID-19 test and feel better before returning to activities Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. <p>If the child answered “NO” to all of the symptoms in question 1, proceed to question 2.</p>			

2.	Does the child have any new onset (or worsening) of the following other symptoms:		
	Chills Without fever, not related to being outside in cold weather	YES	NO
	Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
	Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
	Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
	Nausea, vomiting and/or diarrhea Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
	Unexplained loss of appetite Not related to other known causes/conditions, such as anxiety or medication	YES	NO
	Muscle/joint aches Not related to other known causes/conditions, such as arthritis or injury	YES	NO
	Headache Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
	Conjunctivitis (commonly known as pink eye)	YES	NO

If the child answered “YES” to ONE symptom in question 2:

- Keep your child home and monitor for 24 hours.
- If their symptom is **improving** after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

If the child answered “YES” to TWO OR MORE symptoms in question 2:

- Keep your child home.
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

If the child answered “NO” to all questions:

- Your child may attend school, childcare and/or other activities.

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions for Children under 18:

1.	Has the child traveled outside Canada in the last 14 days?	YES	NO
If the child answered "YES": <ul style="list-style-type: none"> The child is required to quarantine for 14 days from the last day of exposure. If the child develops any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. If the child answered "NO", proceed to question 2.			
2.	Has the child had close contact with a case¹ of COVID-19 in the last 14 days? Face-to-face contact within 2 metres for 15 minutes or longer or direct physical contact such as hugging	YES	NO
If the child answered "YES": <ul style="list-style-type: none"> The child is required to quarantine for 14 days from the last day of exposure, except: <ul style="list-style-type: none"> Previously tested positive for COVID-19 in last 90 days before exposure: <ul style="list-style-type: none"> No quarantine required. Monitor for symptoms for 14 days. Fully immunized² against COVID-19: <ul style="list-style-type: none"> No quarantine required. Monitor for symptoms for 14 days. Partially immunized³ against COVID-19: <ul style="list-style-type: none"> Quarantine for 10 days. If tested on day 7 or later after exposure, quarantine ends after receiving a negative test result. If the child answered "NO" or if they have symptoms, proceed to question 3.			
3.	Does the child have any new onset (or worsening) of the following core symptoms:		
	Fever Temperature of 38 degrees Celsius or higher	YES	NO
	Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered "YES" to any symptom in question 3: <ul style="list-style-type: none"> The child is to isolate for 10 days from onset of symptoms OR receive a negative COVID-19 test and feel better before returning to activities Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. If the child answered "NO" to all of the symptoms in question 3, proceed to question 4.			

4.	Does the child have any new onset (or worsening) of the following other symptoms:		
	Chills Without fever, not related to being outside in cold weather	YES	NO
	Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
	Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
	Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
	Nausea, vomiting and/or diarrhea Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
	Unexplained loss of appetite Not related to other known causes or conditions, such as anxiety or medication	YES	NO
	Muscle/joint aches Not related to other known causes or conditions, such as arthritis or injury	YES	NO
	Headache Not related to other known causes or conditions, such as tension-type headaches or chronic migraines	YES	NO
	Conjunctivitis (commonly known as pink eye)	YES	NO

If the child answered “YES” to ONE symptom in question 4:

- Keep your child home and monitor for 24 hours.
- If their symptom is **improving** after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

If the child answered “YES” to TWO OR MORE symptoms in question 4:

- Keep your child home.
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

If the child answered “NO” to all questions:

- Your child may attend school, childcare and/or other activities.

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

¹ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

² Fully-immunized = 14 days after receiving the second dose of a two-dose vaccine series OR 14 days after receiving one dose of a one-dose vaccine series.

³ Partially-immunized = 14 days after having received one dose of vaccine in a 2 dose vaccine series

NOTE: Individuals who are profoundly immunocompromised and fully immunized should follow quarantine protocol for partially-immunized individuals; those who are partially immunized should follow the protocol for those who have not been immunized. Profoundly immunocompromised persons should always consult with their primary care provider if exposed